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To Recycle or Not to Recycle: Factors Affecting Recycling Intention among Residents in Semi-Dense Areas in Johor, Malaysia

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Abstract

This study explored the factors that influence recycling intentions among residents in semi-dense areas in Johor, Malaysia. Recycling is one of the strategies used to reduce the reliance on landfills, as further inaction will lead to landfills reaching maximum capacity. In this study, 299 respondents who live in semi-dense areas in Johor, Malaysia were surveyed, and the collected data was analyzed using SPSS. According to the results, attitude, perceived behavioral control (PBC), moral norm, and consequences awareness were found to be significant toward recycling intentions. Conversely, subjective norms and perceived policy effectiveness were insignificant toward recycling intention. This result differs from previous studies that investigated recycling intentions. Even Though the results are not statistically significant, the government should continue to connect with the community actively, especially in small towns to explain the benefits of recycling to the community and environment by organizing awareness campaigns that promote recycling. These findings are expected to offer policymakers useful information to develop an effective recycling policy in Malaysia.

Keywords: Recycling, Semi-Dense Area, Policy, Malaysia, Recycling Intention

Introduction

The world now is witnessing a rise in solid waste generation, where solid waste is burned or sent to landfills. However, both methods are not a great solution due to the increasing amount of waste produced, leading to pollution and the contamination of land and water bodies. Surprisingly in 2016, cities worldwide had generated around 2.01 billion tons of solid waste, amounting to 740 grams of waste per person each day (Noordin, 2020). Furthermore, it is estimated that by 2050, the annual waste produced will increase by 70% to 3.4 billion tons because of rapid population growth and urbanization.

In 2019, it was reported that Malaysia had generated 38 000 tons of waste daily, and only 24% was recycled or separated, and 76% of the waste produced were sent to landfills (Noordin, 2020). Furthermore, while most Malaysians are aware of the negative consequences of single-use plastics, Malaysians believed that the government was solely responsible for avoiding environmental hazards (Yusof, Mazni & Kadir, 2019). A study conducted by Ipsos Malaysia found that 56% of respondents were worried about the plastic

usage and sustainability issue and wanted to see efforts carried out to overcome it. Nevertheless, only 44% of Malaysians were aware of the "Roadmap toward Zero Single-Use Plastic" initiative organized by the Ministry of Energy, Science, Technology, and Climate Change (MESTECC) in Malaysian (Yusof et al., 2019).

For decades, issues on waste management have been the financial and administrative responsibility of the government. However, the system seems incompetent and unable to cope with the rising plastic and packaging generation (Lee, 2021). Wan Ishak (2020) stated that the waste segregation initiative undertaken by the government has yet to yield any results, and the implementation should be streamlined to meet the target. Furthermore, Mokhtar (2016) stated that the awareness about recycling among Malaysians is limited. Additional efforts must be carried out by both the government and private sectors to increase knowledge on recycling. Several studies have investigated recycling intentions that focused on big cities or densely populated cities such as Hong Kong (Aboelmaged, 2020; Chan & Bishop, 2013; Wan et al., 2013, 2017, 2021; Zhang et al., 2019).

Moreover, recycling intentions have been studied by Mahmud and Osman (2010) and Mamun et al. (2018). This study explores the interaction impacts of recycling attitude, subjective norms, behavior control, moral norm, awareness, and perceived policy effectiveness toward recycling intention of respondents in a semi-dense area in Johor, Malaysia. This study aims to elucidate the recycling intentions of Malaysians living in semi-dense areas, which can benefit policymakers in policy formulation. Hence, this study investigates the impact of recycling attitudes, behavior, and perceived policy efficacy on recycling intentions in semi-dense areas.

Literature Review and Conceptual Framework

Recycling Intention

Recycling intention is defined as the self-commitment of an individual toward recycling (Park & Ha, 2014). Various literature has explored recycling intention by understanding the models and variables involved based on a social psychology perspective (Wan et al., 2017). An individual's attitude can be defined as the subjective assessment of behavior and the likelihood to act on the behavior. Subjective norms are social pressures exerted onto an individual to carry out a particular behavior that would impact behavioral intention (Wan et al., 2017). Additionally, the self-awareness of the implications of actions is known as awareness of consequences. This element is an influence on recycling intentions (Chen & Tung, 2009).

Moral norms can be defined as the belief of right or wrong toward performing a particular behavior. It can also be described as a feeling of commitment that people hold that supersedes certain behaviors' obligation (Bamberg & Moser, 2007). Moreover, the perceived policy effectiveness is the positive or negative perception of an individual toward a specific policy (Wan et al., 2013).

Despite this, limited study has been carried out to investigate the influence of perceived policy efficacy in predicting recycling behavior (Wan, Shen & Yu, 2014). Furthermore, Wan and Shen (2013) postulated that people with a positive attitude were more likely to engage in recycling behavior. The government should implement initiatives to motivate more people to recycle.

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Recycling Attitude

Attitude refers to the viewpoint or feeling on performing the intended behavior (Mahmud & Osman, 2010; Sulaiman, Shiau & Yi, 2019) and behavioral belief (Pikturniene & Baumle, 2016). Attitude can be explained based on the perspective of an individual toward recycling. A positive perspective on recycling activities (good, useful, rewarding, responsible, sensible or hygienic) will encourage an individual to recycle their waste (Wan, Geoffrey & Ann, 2014). Previous studies have discussed attitude as a factor that encourages an individual intention to recycle (Mahmud & Osman, 2010; Pamuk & Kahriman-Pamuk, 2019; Sulaiman et al., 2019; Wan et al., 2014).

A study conducted by Sulaiman et al. (2019) postulated that attitude has a positive correlation with the intention to recycle in Malaysian students. This is supported by Pamuk and Kahriman-Pamuk (2019), which indicated a significant relationship between attitude and recycling attention among teachers in Turkey. Conversely, a study carried out by Mahmud and Osman (2010) among secondary school students in Malaysia indicated that attitude has a negative, significant relationship toward recycling intention. That attitude will influence the intentions of an adult. In addition, Tonglet (2003) postulated that there is no guarantee that an individual with a positive attitude will participate in recycling activities. A study by Lim, Tong, and Ahmed (2018) among households in Melaka, Malaysia determined that attitude has a positive relationship toward intention to recycle yet the participation among households was low due to a lack of knowledge and awareness of the implications of recycling. Thus, the subsequent hypothesis is suggested:

H1. There is a positive relationship between attitude and recycling intention.

2.3 Subjective Norm

Subjective norm indicates that the behavior of an individual is influenced by social pressure from family members, friends, and other important people who expect an individual to recycle (Wan et al., 2014). Pikturniene and Baumle (2016) postulated that subjective norms are pressure from parents, friends, colleagues, neighbors, the government, and experts to participate in recycling activities that can influence an individual's participation. According to Arvidsson and Kling (2018), those who did not participate in recycling activities felt judged, ashamed, and embarrassed due to societal pressure. This study also elucidated that the lack of pressure from the family members and friends demotivated individuals from recycling. Thus, family and friends play important roles in influencing individual behavior. This is further supported by Bruvoll, Halvorsen and Nyborg (2002), which noted that people believed that not recycling waste will impact their reputation.

Several studies investigated the relationship between subjective norm and the intention to recycle (Mahmud & Osman, 2010; Sulaiman et al., 2019; Pamuk & Kahriman-Pamuk, 2019). A study carried out by Sulaiman et al. (2019) determined that subjective norm correlates with the intention to recycle among students in Malaysia. Pamuk and Kahriman-Pamuk (2019) also postulated that subjective norm is a significant factor that influences teachers in Turkey to recycle recyclable waste. Conversely, a study conducted by Pikturniene and Baumle (2016) in Lithuania determined that subjective norm did not have a significant relationship with intention. Only two factors, attitude and recent recycling behavior contributed to the intention of recycling. Therefore, the following hypothesis is proposed:

H2. There is a positive relationship between subjective norms and recycling intention.

2.4 Perceived Behavioral Control (PBC)

The Theory of Planned Behavioral (TPB) offers a theoretical framework for analyzing the factors that systematically affect behavioral decisions has been used to study a variety of environmentally friendly behaviors, including recycling (Davis et al., 2005), the implementation of sustainable agriculture practices (Beedle & Rehman, 2000), and composting (Taylor & Todd, 1995). This theory is also influenced by attitude, subjective standards, and perceived behavior (Armitage & Conner, 2001).

According to Ajzen (1991) and Fishbein and Ajzen (1975), PBC represents the previous familiarity with the success of behavior and potential barriers to behavior. As a result, the more confident a person is, the higher the tendency to conduct a behavior. Furthermore, PBC also refers to individual assessment of the difficulty levels in performing a behavior, and requires personal convictions to regulate or execute the actions (Ajzen, 1991, 2005; Walsh et al., 2009).

PBC is also interpreted as an individual's confidence in the availability of opportunities and resources to engage in recycling activities. Many recycling studies rely on PBC (Bezzina & Dimech, 2011; Chu & Chiu, 2003; Khan, Ahmed & Najmi, 2019; Wang et al., 2018; Valle et al., 2005; Zhang & Rasheed, 2020) as it is shown to be a significant factor in predicting the purpose of an individual which influences their actions and the likelihood of performing a behavior (Osman, 2014). Previous studies carried out postulate that PBC influences the propensity to buy green items (Michaelidou & Hassan, 2010), to visit green hotels (Han, Hsu & Sheu, 2010), revisit green hotels (Han & Kim, 2010).

A study carried out by Tih and Zainol (2012), indicated that PBC is the most important predictor of recycling intention and word-of-mouth. PBC is also the willingness of an individual to engage in green practices like recycling and encouraging others to recycle is strongly influenced by self-confidence in carrying out such tasks. Consequently, the versatility of green practices should be emphasized in the green campaign to inspire people to engage in green practices. It will be easier for an individual to participate in the behavior once they have gained faith in performing green tasks. Conversely, previous studies carried out by Han, Hsu, and Sheu (2010) and Han and Kim (2010), perceived that behavioral regulation appears to have the least effect on green intentions and fails to demonstrate a substantial effect (Chen & Tung, 2008; Schubert, 2008).

Perceived behavioral control is the weakest psychological element in predicting recycling intention, according to Amini et al. (2014). In addition, the findings show that punishment has a considerable impact on perceived behavioral control. Given the significant influence of fines on perceived behavioral control and the lack of a relationship between behavioral control and recycling intention, penalty-based policies and programs should be targeted to promote positive perceptions among households to increase PBC. In developing countries, PBC is an irrelevant indicator of the intention to recycle due to the lack of infrastructure, services, and funding that deters individuals from engaging in recycling (Khan et al., 2019). Subsequently, the following hypothesis is proposed:

H3. There is a positive relationship between PBC and recycling intention.

2.5 Moral Norm

One of the commonly used predictors used to improve the predictive potential of the standard TPB constructs is moral norms (Chan & Bishop, 2013; Davis et al., 2006; Tonglet et al., 2004). Moral norms are characterized as the personal concern of an individual about moral

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obligations like a person's legal and social responsibilities (Kroneberg et al., 2010; Lizin et al., 2017; Wan et al., 2014).

Several studies undertaken on recycling actions indicate a positive association between moral norms and return intention and are considered an essential factor in understanding the purpose of an individual (Chen & Tung, 2010; Chu & Chiu, 2003; Park & Ha, 2014). Nevertheless, moral norms were found to be negligible predictors of recycling in developing countries in a study conducted by Khan et al. (2019). This is because consumers have a lower standard of living and do not participate in recycling activities regularly despite having knowledge and awareness about recycling.

People will get monetary incentives for participating in recycling activities. However, there is lower motivation to recycle because it provides little personal benefit. People are also aware of the importance of recycling and the possible risks posed by plastic to the environment while considering the relationship between moral standards and recycling. Conversely, households would have to bear disposal costs if the responsible authorities do not carry out adequate recycling efforts. As a result, the relationship was found to be insignificant. Therefore, the following hypothesis is proposed:

H4. There is a relationship between moral norms and recycling intention.

2.6 Consequences

A study conducted by Calvin et al. (2013) inferred that awareness of consequences is one of the main factors that can influence recycling intentions that also triggered the relationship between behavior and personal norms. Furthermore, Davies et al. (2002) determined that a greater awareness of appropriate behavior can affect the recycling intention. In addition, several other studies carried out on awareness of consequences were found to be significant toward recycling intention (Chen & Tung, 2010; Tonglet et al., 2004). The key to overcoming these challenges is awareness. In developing countries, Setiawan et al. (2018) developed a randomized conjoined analysis which discovered that various published articles have sought to investigate household preferences for waste management systems (Hainmuller et al., 2014, Yuan & Yabe, 2015). In addition, several studies looked at the awareness consequences as a construct (e.g., Chen & Tung, 2010; Tonglet et al., 2004; Wan et al., 2012). The attitude of individuals about recycling (good, beneficial, and pleasurable) is operationalized in this study. In contrast, awareness of repercussions highlights the comprehension on the implications of recycling behavior (Wan et al., 2013).

According to Bamberg and Schmidt (2003), the individual who is a "utility maximizing actor" would choose the option with the greatest favorable behavioral consequences. Moreover, Ajzen (1991) measured attitudes as the beliefs of an individual about the outcome of an action based on self-assessment. Consequently, attitudes in the TPB are linked to consequences awareness. Hence, the following hypothesis is suggested:

H5. There is a positive relationship between consequences and recycling intention.

2.7 Perceived Policy Effectiveness

Several aspects of environmental contamination require government and citizen attention, such as the emissions and cost reduction case studies (Talebian et al., 2021). Environmental awareness must be cultivated in children through education to raise environmental consciousness. Society does not need to wait for calamities to begin thinking about waste management and how it may aid in preserving the world. Furthermore, Fu et al. (2020) described the moderating effects of perceived policy effectiveness and discovered a

knowledge gap about the environment. Citizens with a high level of environmental knowledge are more likely to act in environmentally beneficial ways. An increase in recycling practices by households can help the government conserve and decrease selected residential areas' efforts to aid waste administration.

A study conducted in Hong Kong by Wan, Shen and Yu (2013) illustrated that recycling intention can be influenced by perceived policy effectiveness and other factors like subjective norms, PBC, moral norms, and consequences awareness influence recycling intention. Furthermore, the study highlighted that self-reported recycling behavior or direct and indirect behavior like support for policy measures affect recycling intention. The government should offer more recycling bins and guidelines on recycling activities to enable and promote recycling. Based on the above discussion, the following hypothesis is suggested:

H6. There is a positive relationship between perceived policy effectiveness and recycling intention.

2.8 Measurement Model

The measurement model used in this study is illustrated in Figure 1. Six predictors are hypothesized to influence recycling intentions.

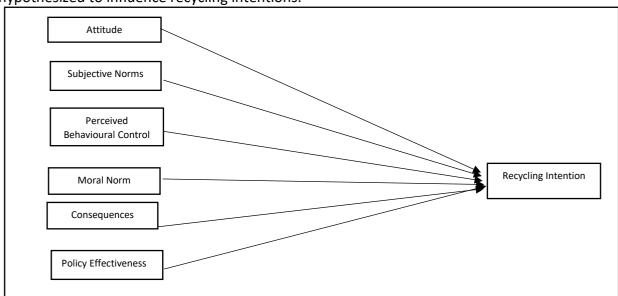


Figure 1: The research framework used in this study

Questionnaire Design and Data Collection

The questionnaire used in this study was adapted from Wan et al. (2013). The variables and components of the proposed model were measured using a five-point Likert scale, where a score of '5' represents a good perspective and a score of '1' indicates a negative perception.

In addition, the questionnaire consisted of the six independent variables consisting of attitude, subjective norm, perceived behavioral control, moral norm, consequences, and perceived policy effectiveness. Furthermore, the bilingual (English and Malay) questionnaire also inquired about the demographic information (age group, gender, education level, occupation, income range, and current area of residence) of the respondents hence; pretesting was implemented to enhance the viability if the study by refining the wordings on the questionnaire.

The online questionnaires were distributed to more than 350 respondents in eleven semi-dense areas in Johor, Malaysia however, only 299 questionnaires were usable (Table 1).

Empirical Results and Findings

The demographic information of respondents is presented in Table 1. The background data collected from the respondents revealed that a majority of respondents (76.6%) were between 21-30 years old. The gender distribution indicated that most respondents were female (72.6%). In terms of education level, 68.6% of respondents have at least a Bachelor's degree. Most of the respondents were students (78.3%) and earned less than RM 1000 (75.3%). This result indicated that most of the respondents lived in Jementah (48.2%).

Table 1: The Sociodemographic Profile of Respondents

Demographic Variable	N	Percentage (%)
Age	- •	- 21 2211086 (70)
Under 20	14	4.7
21-30	229	76.6
31-40	38	12.7
41-50	13	4.3
51 and above	5	1.7
Gender		
Male	82	27.4
Female	217	72.6
Education Level		
SPM	5	1.7
Diploma	89	29.8
Bachelor Degree	151	50.5
Master's Degree	26	8.7
PhD	25	8.4
Others	3	1.0
Occupation		
Employed (Private Sector)	0	0
Employed (Public Sector)	61	20.4
Self-employed	0	0
Student	234	78.3
Retired	0	0
Unable to work	2	0.7
Others	2	0.7
Monthly Income		
Less than RM 1,000	225	75.3
RM 1,000 to RM 2000	13	4.3
RM 2,001 to RM 3000	8	2.7
RM 3,001 to RM 4000	3	1.0
RM 4,001 to RM 5000	2	0.7

RM 5,001 to RM 6000	3	1.0
RM 6,001 to RM 7000	15 5.0	
More than RM 7001	30	10.0
Current Area of Residence		
		2.0
Labis	6	2.0
Buloh Kasap	11	3.7
Gemas Baharu	3	1.0
Gemereh	17	5.7
Jabi	2	0.7
Jementah	144	48.2
Pogoh	1	0.3
Sg. Segamat	31 10.4	
Lain-lain	84	28.1
Sermin	0 0	
Bekok	0 0	
Chaah	0	0

4.1 Data Analysis

The reliability of assumptions for all constructs was established using Cronbach's alpha, and all the constructs exceeded the cut-off point of 0.70, indicating that the dependability assumptions were met (Appendix A). Table 3 shows the multiple regression correlation coefficients (R), which indicated a linear relationship between attitude, subjective norms, PBC, moral norms, consequences, perceived policy effectiveness, and recycling intention.

The six independent factors (attitude, subjective norms, PBC, moral standards, consequences, and perceived policy efficacy) only accounted for 60.7% of the variation in recycling intention. Conversely, other factors that were not covered in this study could account for the remaining unexplained 39.3%.

Table 3: Regression summary on independent variables and recycling intention

Model	R	R	Adjusted R	Std. Error of
		Square	Square	the Estimate
Predictors: (Constant), Attitude,	0.784a	0.615	0.607	0.51536
Subjective Norms, Perceived Behavioral				
Control, Moral Norm, Consequences.				

Table 4 indicates Spearman's coefficient result which suggests a 0.397 correlation between attitude and recycling intention (p = 0.05). The findings reveal a strong, positive link between attitude and the intention to recycle. This result is consistent with the study of Sulaiman et al. (2019) on Malaysian students' perspectives that reported a positive correlation between attitude and the intention to recycle. Moreover, the results are corroborated by Lim et al. (2018) that attitude has a positive relationship toward the intention to recycle in households in Melaka, Malaysia.

In addition, there is a positive, moderate relationship between subjective norms, PBC, and recycling intention (0.625; p < 0.05 and 0.678; p < 0.05), respectively. The result is consistent with previous studies that determined the relationship between subjective norm and the intention to recycle (Mahmud & Osman, 2010; Pamuk & Kahriman-Pamuk, 2019;

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Sulaiman et al., 2019). Furthermore, the result obtained is in line with Michaelidou and Hassan (2010) which postulated that PBC influences the intention to recycle household waste. In addition, a recent study conducted by Ting et al (2020) indicates that attitude, subjective norm and PBC influence plastic usage behavior among Malaysians.

The results obtained indicate a positive, strong relationship between moral norms and recycling intention (0.727; p < 0.05). Studies on recycling intention found a positive association between moral norms and return intention and stress that moral norms must be considered when understanding the purpose of an individual (Chen & Tung, 2010; Chu & Chiu, 2003; Park & Ha, 2014).

There is a positive, moderate relationship between consequences and policy effectiveness toward recycling intention (0.423; p < 0.05 and 0.536; p < 0.05), respectively as shown in Table 4. The result is corroborated by Wan et al. (2013), which elucidates the influence of policy effectiveness on recycling intention. Several studies carried out about consequences awareness showed statistically significant relationships in describing recycling behavior intention (Tonglet et al., 2004; Wan et al., 2013).

Table 4: Correlation between attitude, subjective norms, PBC, moral norms, consequences awareness, perceived policy effectiveness, and recycling intention.

	Correlations	_		
		Recycling Intention		
Attitude	Pearson Correlation	0.397**		
	Sig. (2-tailed)	0.000		
Subjective Norms	N Pearson Correlation	299 0.625**		
	Sig. (2-tailed)	0.000		
Perceived behavioral Control	N Pearson Correlation Sig. (2-tailed)	299 0.678** 0.000		
Moral Norms	N Pearson Correlation	299 0.727**		
Consequences Awareness	Sig. (2-tailed) N Pearson Correlation	0.000 299 0.423**		
	Sig. (2-tailed)	0.000		
Policy Effectiveness	N Pearson Correlation Sig. (2-tailed)	299 0.536** 0.000		
Recycling Intention	N Pearson Correlation Sig. (2-tailed)	299 1		
N 299 **. Correlation is significant at the 0.01 level (2-tailed)				

Based on the results obtained, subjective norms (B = 0.100; t = 1.796; P > 0.05) and perceived policy effectiveness (B = 0.093; t = 1.915; P > 0.05) did not have a statistically significant relationship with recycling intention. Nevertheless, attitude (B = 0.117, t = 2.776; p < 0.05); PBC (B = 0.190, t = 2.993; p < 0.05), moral norms (B = 0.400, t = 7.030; p < 0.05), and consequences awareness (B = 0.086, t = 1.990; p < 0.05) have a statistically significant relative effect on recycling intention. However, a study conducted by Pikturniene and Baumle (2016) determined that subjective norm had no significant relationship with intention. Conversely, the results showed that perceived policy effectiveness has an insignificant relationship with recycling intention. The insignificant relationship could be attributed to the lack of or inefficient guidelines on recycling by government agencies. Additionally, government agencies should continue to promote the benefits of recycling, and the policy should encourage people to recycle. Overall, perceived policy effectiveness can be a strong predictor

toward recycling intention. Still, its effects may not be strong enough in the context of this study as only one district was studied.

This result is consistent with Pamuk and Kahriman-Pamuk (2019) that attitude has a significant relationship toward the recycling attention attitudes significantly influence consumer intentions (Sari, Masruroh & Asih, 2021). The result postulates that PBC is a significant factor that influences recycling intention. This is supported by studies carried out by Pamuk and Pamuk (2019) and Michaelidou and Hassan (2010) that found that PBC influences recycling intentions and the intention to buy green goods, respectively. Furthermore, this finding is consistent with a study carried out by Poskus (2015) that indicated that moral rules improved recycling behavioral variance.

These findings suggest that researchers should include moral norms as an additional predictor variable when applying the TPB to investigate recycling and sustainable behavior. Similarly, various studies also observed that moral norms were significant predictors (Chen & Tung, 2010; Valle et al., 2005). The results showed that H1, H3, H4, and H5 were supported, and H2 and H6 were rejected (Table 5).

Table 5: Results of the hypothesis of the study

I abi	Table 5: Results of the hypothesis of the study				
Standardized					
Coefficients					
	Model	Beta	t	Sig.	Result
1	Constant		-	0.013	
			2.494		
	Attitude	0.117	2.776	0.006	Supported
	Subjective	0.100	1.796	0.073	Not
	Norms				supported
	Perceived	0.190	2.993	0.003	Supported
	Behavioral				
	Control				
	Moral Norm	0.400	7.030	0.000	Supported
	Consequences	0.086	1.990	0.048	Supported
	Awareness				
	Perceived	0.093	1.915	0.057	Not
	Policy				supported
	Effectiveness				
	Dependent				
	Variable:				
	Recycling				
	Intention				

Limitations and Future Research

There are several limitations in this study that should be addressed in future research. Firstly, this study used a relatively small sample taken in semi-dense areas in Johor, Malaysia. Although this study intended to cover a broader population, most of the respondents were younger than 30 years old, and a majority of the respondents were students. Future studies should compare other respondents from semi-dense areas or compare between semi-dense and dense areas. In addition, the findings of this study may not represent other areas, countries, or contexts and cannot be generalized. Future research should also consider other

variables like the commitment to the environment, moral obligation, enforcement, and ecoliteracy to understand recycling intentions better.

Discussion and Conclusion

This study attempted to investigate the factors that influence recycling intention, particularly in semi-dense areas in Johor, Malaysia by adapting a model developed by Wan et al. (2013). The results showed that subjective norms and perceive policy effectiveness are not statistically significant towards recycling intention. This result differs from previous studies that investigated recycling intentions. Although the results are not statistically significant, the government should continue to engage with the community actively, especially in small towns to explain the benefits of recycling to the community and environment by organizing awareness campaigns that promote recycling.

Public participation in recycling campaigns can increase the sense of ownership resulting in participants encouraging their family members, friends, and neighbors to recycle. Furthermore, the government should provide more recycling bins and clear procedures for recycling activities for people in small towns. Simple guidelines or simplified infographics that are easy to understand and written in multiple languages will attract people from different age groups, and backgrounds to read and understand the guidelines.

Based on the results, attitude, perceived behavioral control, moral norm, and consequences awareness were significant with recycling intention. In addition, among all the variables studied, moral norms influenced recycling intention the strongest followed by perceived behavior control, and subjective norms, respectively. In conclusion, these findings can aid policymakers to understand better the factors that influence recycling behavior and intentions among semi-dense households.

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Appendix A

Statement

Attitude ($\alpha = 0.85$)

Recycling is good.

Kitar semula adalah amalan yang baik.

Recycling is useful.

Kitar semula adalah berguna.

Recycling is rewarding.

Kitar semula adalah bermanfaat.

Recycling is responsible.

Kitar semula adalah amalan bertanggungjawab.

Recycling is sensible.

Kitar semula adalah amalan yang wajar.

Recycling is hygienic.

Kitar semula adalah kebersihan.

Subjective Norm ($\alpha = 0.841$)

Most people who are important to me think I should recycle.

Kebanyakan orang yang penting untuk saya fikir saya harus mengitar semula.

Most people who are important to me would approve of my recycling.

Kebanyakan orang yang penting bagi saya akan bersetuju amalan kitar semula saya.

My friends expect me to recycle household materials.

Rakan-rakan saya berharap saya mengitar semula bahan rumah.

My family expects me to recycle household materials.

Keluarga saya mengharapkan saya mengitar semula bahan rumah.

Perceived Behavioral Control (PBC) ($\alpha = 0.925$)

I have plenty of opportunities to recycle.

Saya mempunyai banyak peluang untuk mengitar semula.

Recycling is convenient.

Kitar semula adalah mudah.

Recycling is easy.

Kitar semula adalah senang.

I know where to take my household waste for recycling.

Saya tahu di mana hendak membawa sampah isi rumah saya untuk dikitar semula.

I know how to recycle my household waste.

Saya tahu bagaimana mengitar semula sampah isi rumah saya.

I have enough time to sort the materials for recycling.

Saya mempunyai masa yang cukup untuk menyusun bahan untuk dikitar semula.

I have enough space to store the materials for recycling.

Saya mempunyai ruang yang cukup untuk menyimpan bahan untuk dikitar semula.

Moral Norms ($\alpha = 0.881$)

I feel I should not waste anything if it could be used again.

Saya rasa saya tidak patut membuang apa-apa jika ia dapat digunakan lagi.

It would be wrong of me not to recycle my household waste.

Adalah salah bagi saya untuk tidak mengitar semula sampah rumah saya.

I would feel guilty if I did not recycle my household waste.

Saya akan berasa bersalah sekiranya saya tidak mengitar semula sampah rumah saya.

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Not recycling goes against my principles.

Tidak mengitar semula bertentangan dengan prinsip saya.

Everybody should share the responsibility to recycle household waste.

Semua orang harus mempunyai tanggungjawab untuk mengitar semula sampah isi rumah.

Consequences Awareness ($\alpha = 0.901$)

Recycling reduces pollution.

Kitar semula mengurangkan pencemaran.

Recycling reduces wasteful use of landfills.

Kitar semula mengurangkan penggunaan tapak pelupusan sampah.

Recycling conserves natural resources.

Kitar semula menjimatkan sumber semula jadi.

Recycling improves environmental quality.

Kitar semula meningkatkan kualiti alam persekitaran.

Recycling saves energy.

Kitar semula menjimatkan tenaga.

Perceived Policy Effectiveness ($\alpha = 0.861$)

The waste separation bins provided by the Government are sufficient to facilitate recycling.

Tong pengasingan sampah yang disediakan oleh Kerajaan mencukupi untuk memudahkan kitar semula.

The Government provides clear guidelines on recycling.

Kerajaan memberikan garis panduan yang jelas mengenai kitar semula.

The Government's promotion clearly explains the benefits of recycling.

Promosi kitar semula oleh Kerajaan menerangkan dengan jelas faedah kitar semula.

The Government's policy encourages me to recycle.

Dasar Kerajaan mendorong saya untuk mengitar semula.

The Government's policy facilitates me to recycle.

Dasar Kerajaan memudahkan saya mengitar semula.

Behavioral Intention ($\alpha = 0.883$)

I intend to recycle my recyclables in the next 4 weeks.

Saya berhasrat untuk mengitar semula barang kitar semula saya dalam 4 minggu akan datang.

I will recycle my recyclables every time I have it for disposal.

Saya akan mengitar semula barang kitar semula saya setiap kali memilikinya untuk dilupuskan.

I am willing to participate in the recycling scheme in the future.

Saya bersedia untuk menyertai skim kitar semula pada masa akan datang.

Attitude

Sikap

Recycling is good.

Kitar semula adalah amalan yang baik.

Recycling is useful.

Kitar semula adalah berguna.

Recycling is rewarding.

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Kitar semula adalah bermanfaat.

Recycling is responsible.

Kitar semula adalah amalan bertanggungjawab.

Recycling is sensible.

Kitar semula adalah amalan yang wajar.

Recycling is hygienic.

Kitar semula adalah kebersihan.

Subjective Norms

Norma Subjektif

Most people who are important to me think I should recycle.

Kebanyakan orang yang penting untuk saya fikir saya harus mengitar semula.

Most people who are important to me would approve of my recycling.

Kebanyakan orang yang penting bagi saya akan bersetuju amalan kitar semula saya.

My friends expect me to recycle household materials.

Rakan-rakan saya berharap saya mengitar semula bahan rumah.

My family expects me to recycle household materials.

Keluarga saya mengharapkan saya mengitar semula bahan rumah.

Perceived Behavioral Control

Kawalan Tingkah Laku

I have plenty of opportunities to recycle.

Saya mempunyai banyak peluang untuk mengitar semula.

Recycling is convenient.

Kitar semula adalah mudah.

Recycling is easy.

Kitar semula adalah senang.

I know where to take my household waste for recycling.

Saya tahu di mana hendak membawa sampah isi rumah saya untuk dikitar semula.

I know how to recycle my household waste.

Saya tahu bagaimana mengitar semula sampah isi rumah saya.

I have enough time to sort the materials for recycling.

Saya mempunyai masa yang cukup untuk menyusun bahan untuk dikitar semula.

I have enough space to store the materials for recycling.

Saya mempunyai ruang yang cukup untuk menyimpan bahan untuk dikitar semula.

Moral Norm

Norma Moral

I feel I should not waste anything if it could be used again.

Saya rasa saya tidak patut membuang apa-apa jika ia dapat digunakan lagi.

It would be wrong of me not to recycle my household waste.

Adalah salah bagi saya untuk tidak mengitar semula sampah rumah saya.

I would feel guilty if I did not recycle my household waste.

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Saya akan berasa bersalah sekiranya saya tidak mengitar semula sampah rumah saya.

Not recycling goes against my principles.

Tidak mengitar semula bertentangan dengan prinsip saya.

Everybody should share the responsibility to recycle household waste.

Semua orang harus mempunyai tanggungjawab untuk mengitar semula sampah isi rumah.

Consequences Awareness

Kesedaran Akibat

Recycling reduces pollution.

Kitar semula mengurangkan pencemaran.

Recycling reduces wasteful use of landfills.

Kitar semula mengurangkan penggunaan tapak pelupusan sampah.

Recycling conserves natural resources.

Kitar semula menjimatkan sumber semula jadi.

Recycling improves environmental quality.

Kitar semula meningkatkan kualiti alam persekitaran.

Recycling saves energy.

Kitar semula menjimatkan tenaga.

Perceived Policy Effectiveness

Keberkesanan Dasar

The waste separation bins provided by the Government are sufficient to facilitate recycling.

Tong pengasingan sampah yang disediakan oleh Kerajaan mencukupi untuk memudahkan kitar semula.

The Government provides clear guidelines on recycling.

Kerajaan memberikan garis panduan yang jelas mengenai kitar semula.

The Government's promotion clearly explains the benefits of recycling.

Promosi kitar semula oleh Kerajaan menerangkan dengan jelas faedah kitar semula.

The Government's policy encourages me to recycle.

Dasar Kerajaan mendorong saya untuk mengitar semula.

The Government's policy facilitates me to recycle.

Dasar Kerajaan memudahkan saya mengitar semula.

Behavioral Intention

Niat Tingkah Laku

I intend to recycle my recyclables in the next 4 weeks.

Saya berhasrat untuk mengitar semula barang kitar semula saya dalam 4 minggu akan datang.

I will recycle my recyclables every time I have it for disposal.

Saya akan mengitar semula barang kitar semula saya setiap kali memilikinya untuk dilupuskan.

I am willing to participate in the recycling scheme in the future.

Saya bersedia untuk menyertai skim kitar semula pada masa akan datang.