



INTERNATIONAL JOURNAL OF ACADEMIC RESEARCH IN BUSINESS & SOCIAL SCIENCES



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ISSN: 2222-6990

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To Link this Article: <http://dx.doi.org/10.6007/IJARBSS/v11-i12/11866> DOI:10.6007/IJARBSS/v11-i12/11866

Received: 16 October 2021, **Revised:** 20 November 2021, **Accepted:** 30 November 2021

Published Online: 12 December 2021

In-Text Citation: (Ahad et al., 2021)

To Cite this Article: Ahad, N., Hamid, M. F. A., Ariffin, M. F. M., Noor, M. S. M., & Aziz, N. H. (2021).

Reproductive Rights of Married Women: A Case Study in Selangor. *International Journal of Academic Research in Business and Social Sciences*, 11(12), 1166–1180.

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Vol. 11, No. 12, 2021, Pg. 1166 – 1180

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ISSN: 2222-6990

Reproductive Rights of Married Women: A Case Study in Selangor

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Abstract

Married women are often exposed to the situations of 'victims' of discrimination, which is proclaimed on the ticket of obedience to the husband. Allowing every married woman to carry out her reproductive role well without any coercion and violence is a right that should be upheld by the entire family, especially the husbands. This can be seen through their right to undergo a reproductive role such as the decision to marry without coercion from any party, healthy domestic sexuality from any pressure, discriminatory practices, violence and free family planning. This matter should not be taken lightly so that there is no neglect and discrimination when they exercise the reproductive rights role of the women themselves. So, based on the community in Selangor, including women and men, this study focuses on the differences in the practices of reproductive rights of married women. The qualitative method is thru interviews with the authorities in the respective field, and of quantitative by questionnaire distributions to 472 respondents. The main results of this study through *Chi Square* test and *Regression Logistics Stepwise* method found that only aspects of pregnancy and birth were significant with the reproductive rights of married women. This indicates that there is still a protracted polemic at the domestic level for other elements such as involuntary sexual practices, unwanted pregnancies, rejection of family planning and even the practice of domestic violence. Such a thing should not happen to protect the rights of the reproductive role of women, other than underlying the household with the organization of *mu'āsharah bi al-ma'rūf*, so that the rights and justice of all parties can be fulfilled. Thus, the series of polemics seen in the state of Selangor on the neglect of the reproductive rights of married women, it is appropriate to expand this study to other zones in Peninsular Malaysia to obtain a more dominant result in looking at the current practice of reproductive rights of married women in this country.

Keywords: Married Women, Woman's Rights, Reproductive Rights, Reproduction, Selangor

Introduction

Woman in Islam, have the privilege of reproduction that includes a good quality of personal protection, healthcare and sexuality. The rights are to ensure women obtain equal treatment; neither in the family nor community. However, the topic on reproductive and sexual issues is often not visible to others as such being hindered. Hence, women are always exposed to risks confront in family relationships that complicate oneself during the reproductive age (Henri, 2016). The issue should be clear, as it involves physical, spiritual and psychological impacts on women, as well as family institutions.

Scholars believe women's rights are limited not to the discussion of marriage and wealth, yet to the reproductive choices, such as decision on marriage, sexuality, pregnancy, abortion, birth control, motherhood, family planning and contraceptive usage. This corresponds to the nature of women; beings who should be respected and defend their rights. This is because women have given their role dealing with such complex phases such as during pregnancy, birth control and child lactation (Harlina, 2009).

So, this article highlights current practices pertaining to the reproductive rights of married women in the state of Selangor, which will reveal community understanding and practices. The rights encompass of marriage determination, sexuality, family planning, pregnancy, abortion, birth control and domestic violence.

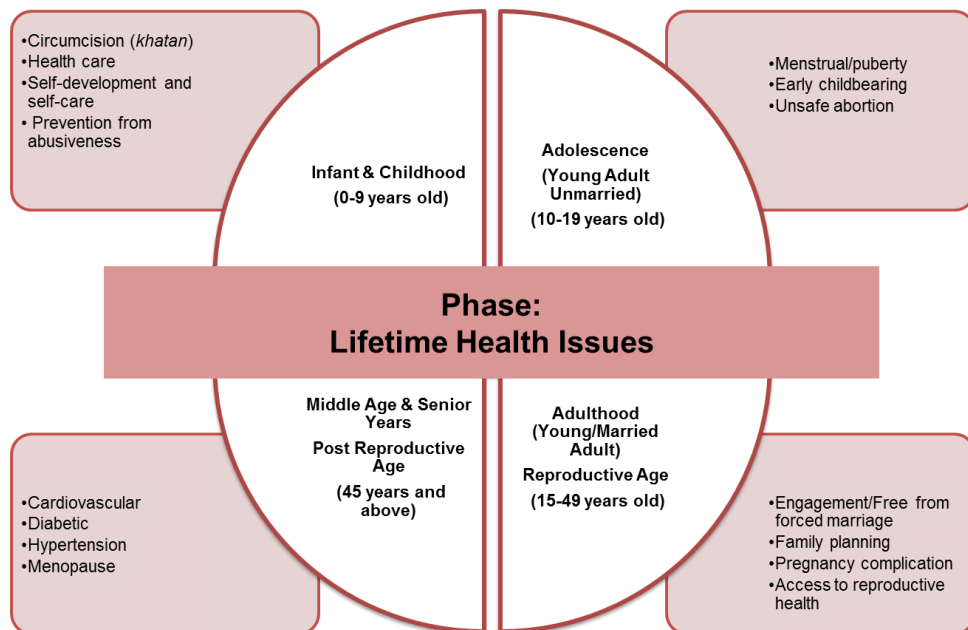
Literature Reviews

The researchers such as Juliandi (2010); Yunita (2015) draw their consensus in classifying women's reproductive rights as an important element of women's health that led to determining the scope of reproductive issues. It is not focused merely on the problems related to pregnancy and birth control, undoubtedly further to the process of family planning. Family planning basically correlates to the mortality and morbidity rate of the baby or children.

In other words, it reduces certain complications that occur due to pregnancy and birth, as is the case in some countries such as Nigeria, which high-risks complications of unwanted pregnancy, maternal mortality and unsafe abortion (Adenike, 2017). Also, other researchers agree that the issue of family planning is the main focus in women's reproductive rights, including (Mueller, 1993; Mosha, 2013; Mwenegoha, 2008; Alvarez-Nieto, 2015; Henri, 2016; Harlina, 2009; Rahayu, 2013). They argue that a good quality of reproductive healthcare is related to the professional methods of family planning which encompasses sexual attitudes of women and their couples in influencing the assent, selection and effective use of contraception.

Further, it is important to project that a good standard of woman's healthcare can be formulated as a physical and spiritual condition that is well, hygienic and, the reproductive system, functions and processes is free from any interference (Anwar & Abdullah 2000). This is concerned with the healthcare of female reproduction organs of pre-productive age (adolescence), during productive (pregnancy and child lactation) and post productive period (menopause). The cycle can be seen in figure 1, as below:

Figure 1: The Circle of Women’s Reproductive Health and Rights



Source: An Analysis by the Researcher

Referring to the diagram, a woman's reproductive health and rights begin at the early stage of birth till post reproductive age. It serves as a benchmark that there are reproductive needs that are encountered at every stages of life. It provides every woman indirectly, to fight for a right practice, and to avoid neglecting her reproductive rights.

Many researchers, such as Kimala (2010); Khanna (1992); Pillai (1999); Petchesky (2000); Berer (2004); Chandiramani (2005) show their concerns to woman who should achieves the highest standards in sexual and reproduction health. Meanwhile, Chrisler (2014) proposes that women are less concerned on the issue because they believes the role is limited to certain duties such as solely being a wife to husband, mother to children, household preparations compared to her self-care.

In this regard, the issue should be a basic indicator for a woman, in particular the married ones. It is to justify that their reproductive difficulties is more complex and has a greater effect than those who are not yet married. Significantly, a good and proper conduct in the form of marriage sexuality, free from coercion, the right to regulate pregnancy as well as obtaining better healthcare; highlights the women's reproductive justices in Islam.

Research Methodology

The study involves the collection of primary data through quantitative and qualitative methods. The quantitative method is carried out through the distribution of questionnaires to selected respondents in the districts of Selangor. Meanwhile, a qualitative method is used during the interview with the authoritative person in the respected fields.

The study focuses on people who live in Selangor, being married at the reproductive age that is between 20-45 as to observe their response on the issue of reproductive rights as well as their current practices. The study also marks on men in the same issue, as to identify

the husbands' perspectives. The study was conducted in nine districts of Selangor, namely Petaling, Hulu Langat, Klang, Gombak, Kuala Langat, Sepang, Kuala Selangor, Hulu Selangor and Sabak Bernam. The hypothesis estimates regarding the reproductive health and rights of married women in Selangor will be at a satisfactory level by considering it is a state of urbanization.

Since that population is at large, the sample was performed according to the Krejcie and Morgan Table formula as well as the Cochran, so as to generalize the study on the spotted area. As a result, the study took a sample of 472 populations with a specific number of each state, to acquire an equal estimation. Next, the data collection is analyzed in order to develop a certain values; either the practice is in line to the demand of the Shari'ah or vice versa.

Additionally, the descriptive and inferential analysis also was run to examine the understanding and practices on the reproductive rights of married women. An inferential method executes to determine the relationships, connections, differences and implications that exist between one variable and another. The procedures conducted are the Chi Square Test, T Test and Logistics Regression Test. This study, thus applied inference analysis to look into a significant relationship between each variables, for instance identifying the relationship between the understanding and practices on reproductive rights of married women among the community in Selangor.

Meanwhile, the mean standard scale and its interpretation in the study is based on the model by Bernstein (1994), as the following table:

Table 1: Mean Standard Scale and Interpretation

Skor Min	Interpretasi Skor Min
1.00 – 2.00	Rendah
2.01 – 3.00	Sederhana rendah
3.01 – 4.00	Sederhana tinggi
4.01 – 5.00	Tinggi

Source: Nunnaly dan Bernstein (1994)

Findings and Discussions

The findings of the study engaged the overall demographic aspects of the respondents (N = 472) showed that 227 (48.1%) male respondents and 245 (51.9%) female respondents. The difference in numbers between the two is not very significant because a framework was implemented when the questionnaire was distributed as to ensure the offset findings. The district category of each respondent was distributed to nine districts in Selangor (Gombak, Hulu Langat, Hulu Selangor, Klang, Kuala Langat, Kuala Selangor, Petaling, Sabak Bernam and Sepang), each of which shows not a very distinctive in number (between 50 -56 people), however to confirm the results achieved in an almost fair percentage rate.

For the settlement category of urban or rural, the majority of respondents came from urban locality of 308 people (65.3%) whereas rural neighborhoods of 164 people (34.7%). The justification for settlement is aimed at the current practice of urban and rural communities on the issue of women's reproductive rights, whether any difference gaps or otherwise. In terms of age, the majority of the questionnaire participated by 209 people (44.3%) by the

ages of 31-35 years, while a total of 167 people (35.4%) for the age group of 36 years and above. Yet, the age group of 21-30 years recorded as many as 96 people (20.4%). All stated ages, certainly are within the reproductive age level. The respondents are also married since the study points on the reproductive contexts of married women.

In terms of educational level, the respondents' average tertiary education is within a qualification in Diploma of 242 people (51.3%), and a Bachelor's Degree of 129 people (27.3%). The respondents, then can be categorized as educated since the qualification level is from the Institutions of Higher Learning graduates, compared to other 100 respondents who have completed their primary school certificates (UPSR) and secondary school certificates (PMR / SPM) respectively.

Pertaining to the standard of employment, subsequently the average respondents are employee in the private sector of 246 people (52.1%), whereas 157 people (33.3%) in the government sectors. Between these two, the number recorded is not much different in the field of profession, either professionals or services sectors.

The demographic summary of the respondents can be referred in table 2, as below:

Table 2: Demographic

No.	Demographic Variables	N = 472	%
1	Sex		
	Male	227	48.1
	Female	245	51.9
2	Age		
	21-25 years old	14	3.0
	26-30 years old	82	17.4
	31-35 years old	209	44.3
	36 years old and above	167	35.4
3	Districts		
	Gombak	50	10.6
	Hulu Langat	54	11.4
	Hulu Selangor	52	11.0
	Klang	56	11.9
	Kuala Langat	49	10.4
	Kuala Selangor	50	10.6
	Petaling	56	11.9
	Sabak Bernam	51	10.8
	Sepang	54	11.4
4	Settlement Category		
	Urban	308	65.3
	Rural	164	34.7
5	Education Level		
	Primary (UPSR)	3	0.6
	Secondary (PMR/SPM)	81	17.2
	Diploma	242	51.3
	Bachelor's Degree	129	27.3
	Others	17	3.6
6	Status		
	Married	468	99.2
	Others	6	0.8
7	Employment		
	Self-employment	43	9.1
	Government Service	157	33.3
	Private Sector	246	52.1
	Housewife	23	4.9
	Others	3	0.6
8	Employment Level (Government)		
	Professional	92	19.5
	Services	65	13.8
9	Employment Level (Private)		
	Professional	91	19.3
	Services	155	32.8

Sources: A Questionnaire Survey of 2018

Referring to the respondents' understanding on the reproductive subject of married women in Selangor, the results show that the overall response is moderate. The segments of pregnancy and abortion even show a high level of understanding.

As for the pregnancy, the average respondents agreed that it is a transparent life as a husband and wife. Despite showing a high understanding level of abortion, they should refine their misunderstandings relating to abortion process as permitted in Islam. This is to verify that there is no absolute assumption that abortion is a permissible practice in Islam regardless of certain standards or *darar* (Maria, 2006). The other domains show moderate levels which explain an inconsistent understanding of the reproductive rights of married women.

A summary of the findings can be seen in table 3, as below:

Table 3: Respondents' Understanding on Reproductive Rights of Married Women

	Min	Standard Deviation	Scale
Marriage	3.10	0.62	Moderate
Sexuality	3.60	0.36	Moderate
Pregnancy	3.70	0.42	High
Contraception	3.23	0.39	Moderate
Abortion	4.13	0.42	High
Birth Control	3.52	0.57	Moderate
Violence	3.34	0.35	Moderate
Total	3.52	0.32	Moderate

Source: A Questionnaire Survey of 2018

Furthermore, the practice of reproductive rights shows various feedbacks amongst the elements. The question focused at all nine districts in Selangor, then the level of practice by the respondents can be measured specific to certain districts.

As a result, there are four reproductive aspects related to married women that need a definite note, namely the sexual practice of husband and wife, pregnancy, contraceptive usage and domestic violence. The rest of the aspects are marriage, birth control and abortion show a moderate level of practice among the community throughout the state of Selangor. This can be read in table 4, as below:

Table 4: Societal Practice on Women Reproductive Rights according to Domain and Districts

Practice		DISTRICTS				
		Gombak (N=50)	Hulu Langat (N=54)	Hulu Selangor (N=52)	Klang (N=56)	Kuala Langat (N=49)
Marriage	Coercion-free marriage	43	38	42	41	35
Sexuality	Sexually active between partner	48	38	52	50	41
	Sexual conducts unwilling by the wife	38	16	52	33	39
Pregnancy	Unwanted pregnancy	24	9	51	22	30
	Positive engagement by the husband on the physical care of the wife	47	51	52	54	48
Contraception	The ideal phase of child lactation	20	18	24	30	18
	Child lactation break due to economic status	40	42	24	48	41
	Contraceptive usage	22	21	23	35	33
Abortion	Health as main issue of abortion	3	4	0	0	1
Birth Control	Positive commitments from partner	44	48.5	45.5	50	45
Domestic Violence	Situations that impact insecurity of the wife	26	26	2	21	16
	Husband aggressiveness to the wife-words /actions/sexual practices	12	10	0	26	20

Practice		DISTRICTS			
		Kuala Selangor (N=50)	Petaling (N=56)	Sabak Bernam (N=51)	Selangor (N=54)
Marriage	Coercion-free marriage	46	24	50	30
Sexuality	Sexually active between partner	50	43	51	45

	Sexual conducts unwilling by the wife	50	25	51	38
Pregnancy	Unwanted pregnancy	49	19	49	26
	Positive engagement by the husband on the physical care of the wife	50	53	51	51
Contraception	The ideal phase of child lactation	31	21	32	19
	Child lactation break due to economic status	18	46	27	45
	Contraceptive usage	19	24	22	33
Abortion	Health as main issue of abortion	0	2	0	1
Birth Control	Positive commitments from partner	48	49.5	50	50
Domestic Violence	Situation that impacts insecurity of the wife	5	7	6	9
	Husband aggressiveness to wife-words/actions/sexual practices	0	4	4	17

Source: A Questionnaire Survey of 2018

Of each stated domain, the districts of Petaling and Sepang particularly show a weak feedback on the practice of free from marital coercion.

All districts then have shown the continuity of active sexual intercourse between husband and wife. Nonetheless, the results show the wife is often forced to have sexual practices out of their wills. This sexual practice tendency is a regular form of insurances, and the wife does not favor sexual needs due to several factors of flat refusal. The districts that project the shortcomings are districts of Gombak, Hulu Selangor, Kuala Langat, Kuala Selangor, Sabak Bernam and Sepang. A sexual practice, in fact should be a preference by both parties.

There are certain situations that allow the wife to refuse sexual requests from the husband, if it is known to bring *darar syarie* (harm) to the wife. Zawawi (2015) concludes that the wife has the right to forgo the sexual invitation of the husband who is infected by HIV as it will possibly transmit to the wife. The situation also undergoes to wives who are not ready to have sex due to certain constraints such as health or emotional struggles (Hamidah, 2011). In addition, a high number was also identified for the districts of Hulu Selangor, Kuala Langat, Kuala Selangor and Sabak Bernam for unwanted pregnancy. With reference to the contraceptive usage, each district has figured moderate level.

In other words, respondents are preferred to exercise traditional contraception. This is driven by the stigma and assumptions by the society even without any verification from physicians of modern contraceptives usage. This statement is supported by the Contraceptive Prevalence Rate which is at a horizontal level even though the study is conducted for every 10 years, where the latest percentage is only 31.7% of various methods of modern

contraception (Munirah, 2016). The given reason is commonly because of the husband's disapproval. Therefore, active participation from man and woman in the awareness campaigns on sexual and reproductive health is significant to further improve the standard of health and living (Ministry of Women, Family and Community Development, 2015).

Moreover, the society is embedded with the dogma and mind-set that the contraceptive usage threatens the wife, and being considered as contrary to Islamic demands. Whereas, the Shari'ah guides family planning is either by *Tahdid al-Nasl* (limiting one's ability to pregnant by purpose) or *Tanzim al-Nasl* (child lactation phase and number and children planning) to manage family sturdiness and transparencies while raising children (Al-Bakri, 2018).

Thus, the limitations of understanding family planning practices lead to unwanted pregnancies in the areas mentioned earlier. As Islam classifies pregnancy as extreme fatigue, it is necessary for the husband to confirm the wife in a fit state by considering the number and space for another child. This suggestion purely does not demand for every husband, but rather an advice to convey that the wife does not barge into an unwanted pregnancy which is to confront other plausible detrimental complications in the future (Mansureh, 2015).

The practices indirectly prove that family planning and contraceptives usage are reproductive negligence. The problems for married women however, are not restricted to family planning and contraception. In addition, the situation is worsen when women or wives are underestimated as a sexual object for the husband, to the point of her reproductive and sexual rights being denied (Anwar & Abdullah, 2000).

In terms of domestic violence, it is disquiet when the data portrays women's insecurities while they are with their husband. This is due to the husband's abusiveness to his wife either physically, verbally and sexually, by focusing on the districts of Gombak, Hulu Langat, Klang and Kuala Langat. Based on statistics, Selangor has recorded the highest cases of domestic violence compared to other states from 2010-2015 (Ullfah, 2016).

It can be concluded, the four topics of reproductive i.e. sexuality, pregnancy, contraceptive usage and domestic violence are the polemics binding in the community in Selangor. Others, such as the marital selection, abortion and birth control, are in a good state and coincide with the need for the social moral values. Yet, Munirah (2016) stands on her point that Selangor recorded the highest number in terms of lack of proper care of the reproductive health of married women.

In other methods, the inferential analysis highlights the Chi Square Test in order to read the relationship between the respondents' understanding and their practices. Stepwise Logistics Regression Test is also used to identify significant factors that influence respondents' understanding and practices of women's reproductive rights.

As a result, the findings show that there is a significant difference between the sexes in every aspect of the reproductive rights of married women where the value of women ahead of men, except for the abortion. These differences can be seen in table 5, as below:

Table 5: T Test Differences between Men and Women

	Men (N=227)		Women (N=245)		t	P
	Min	Standard Deviation	Min	Standard Deviation		
Marriage	2.80	0.46	3.37	0.62	-11.44	0.001*
Sexuality	3.44	0.28	3.76	0.35	-10.70	0.001*
Pregnancy	3.51	0.35	3.88	0.40	-10.40	0.001*
Contraception	3.01	0.31	3.43	0.35	-13.80	0.001*
Abortion	4.16	0.35	4.10	0.48	1.65	0.100
Birth Control	3.22	0.51	3.80	0.48	-12.72	0.001*
Violence	3.17	0.25	3.50	0.36	-11.60	0.001*
Total	3.33	0.24	3.69	0.29	-14.68	0.001*

Source: A Questionnaire Survey of 2018

The feedbacks thus show that reproductive is more synonymous to women than men. However, this is not an unconventional perception because it is an experience countered specifically by woman. Hence, it is possible for a woman to undergo the idea.

Meanwhile, the findings also show a relationship between the level of understanding and practices of the respondents in Selangor related to the reproductive rights of married women, regards to marriage, pregnancy, family planning, contraception, abortion, birth control and domestic violence. This can be seen in table 6, as below:

Table 6: Relationship of Understanding and Practices on Women's Reproductive Rights

		Understanding				χ^2	P
		Moderate		High			
		N	%	N	%		
Practices	Moderate	287	84.7	49	36.8	106.49	0.001*
	High	52	15.3	84	63.2		

Source: A Questionnaire Survey of 2018

Referring to the above analysis, there is a significant relationship ($\chi^2 = 106.46$, $P = 0.001$) relating to reproductive understanding and practices of married women with a moderate value, which is 84.7%, differ to the high reproductive understanding and practices, which is statistically 63.2%. Hence, there is a moderate correlation between the understanding and practices of reproductive rights of married women. Although the findings indicate that there is a significant relationship between the two, the existing understanding in current practices is at average level. It can be deduced that the understanding and practices by the society related to reproductive rights are not at an emboldening level.

There is a demand to achieve a high level of understanding and practices correlations. The justification is that the practice is structured by the cognitive domain of an individual. To Anonuevo (1993), understanding is an internal factor that configures one's practice. The higher or greater level of understanding, then will lead to positive practices.

In summary, the findings present that the pattern of societal practice in Selangor on the reproductive rights of married women is influenced by the level of understanding of the respondents. Further, Hilya (2016); Zarinah (2015) believe the low understanding level among the community pertaining to reproductive rights of women can affect the current practices. This creates an indicator that members of society are even oblivious to the importance of maintaining reproductive health. A rectification is required for closing the existing gaps, so that there is no serious renunciation of the reproductive rights of married women.

Furthermore, the findings from the Stepwise Logistics Regression Test show that pregnancy and childbirth have a significant influence on the reproductive rights of married women. This can be seen where the pregnancy factor affects 2.66 times in the society that plays the role of reproductive rights of married women, and shows a statistical significant effect (Wald = 9.16, P = 0.001). While the birth factor has an effect of 2.91 times in the community and also provides a significant effect (Wald = 18.90, P = 0.001). Findings can be seen as the table below:

Table 7: Significant Factors that influences Reproductive Rights of Married Women

	<i>B</i>	<i>Wald</i>	<i>Sig.</i>	<i>Exp(B)</i>	<i>C.I.for</i>		<i>Cox & Snell</i> <i>R2 Square</i>	<i>Nagelkerke</i> <i>R Square</i>
					<i>95%</i> <i>EXP(B)</i> <i>Lower</i>	<i>Upper</i>		
Pregnancy	0.98	9.16	0.00	2.66	1.41	5.00	0.16	0.21
Birth	1.07	18.90	0.00	2.91	1.80	4.70		
<i>Constant</i>	-7.92	62.61	0.00	0.00				

Source: A Questionnaire Survey of 2018

From the descriptive table, the aforementioned factors affect or influence 21% (Nagelkerke R Square = 0.21) on the reproductive rights of married women. While other factors such as marriage, sexuality, family planning, abortion and domestic violence do not confess a significant impact on women's reproductive rights. Thus, it can be concluded that the reproductive rights of married women are given less attention where in the best way that they should be obtained. Accordingly, the pregnancy and birth factors are the values that persist for a woman, unfortunately, is a dogma that should be rectified.

It can be acknowledged from the analysis; there is a polemic of married women contexts, especially in the state of Selangor. Among the main discussions is that married women are given little space in carrying out other reproductive roles such as marriage selection, befitting pregnancy phase and maternal care (Noriza, 2017). As married women carried the reproductive rights much more complicated than the unmarried, it can certainly lead to some indirect denial and ignorance.

The role of married women should take into account as produces a great impact due to their capability of managing the wholeness of family institution. The visible analysis proves that despite the advanced feminism fights in Malaysia and Southeast Asia, there are still gaps in the context of understanding, care and practices in the reproductive aspects of women, especially for married women (Rahayu, 2013).

In conclusion, the efforts to recognize women's reproductive rights as one of the human rights instruments is to seek that women are given equal opportunities to make decisions in determining their interests. If it fails to be observed, bad implications are triggered to women and family institutions. This initiative will not be successful if there is no mutual cooperation from the couple. In fact, awareness campaigns need to be intensified as much as possible in society, so that the denial of women's reproductive rights can be reduced. At the family level, the principle of justice mainly for women must be an utmost agenda to truly be strengthened, and not acts just as a silent submissive patriarchy.

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