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Exploring the Integration of Family Education into the Teaching of Ideological and Political Theory Courses in University

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Abstract

This study discusses the significance and methods of integrating family education into the teaching of ideological and political theory courses in colleges and universities. Firstly, the teaching methods and contents of ideological and political theory courses in colleges and universities, as well as the concept and importance of family education are introduced. Secondly, the connection between ideological and political theory courses in colleges and universities and family education is explained, and how to integrate family education into the teaching of ideological and political theory courses in colleges and universities is discussed. Then, through case analysis, it further explores how family education cases can be integrated with the teaching of ideological and political theory courses in colleges and universities. Finally, this study evaluates the effect of integrating family education into the teaching of ideological and political theory courses in colleges and universities, summarizes the research results, and points out the research shortcomings and outlook.

Keywords: College Ideological and Political Theory Class, Family Education, Integration, Teaching Methods, Case Study, Effect Evaluation

Introduction

With China's rapid economic development and social changes, the popularity of higher education is increasing year by year (Ministry of Education, China, 2020). Higher education has received more and more attention as an important means to cultivate talents and improve national quality. In higher education, ideological and political theory course is an extremely important course (Feng, 2021). It is both an important carrier of traditional culture and Chinese spirit, and an important way to cultivate the ideological and political quality and values of college students.

However, at present, the teaching of ideological and political theory courses in colleges and universities generally has the problems of single course content, single teaching method and low student participation (Chen, 2020; Hou, 2022; Ye, 2021). In order to better achieve the goal of educating people in ideological and political theory courses in colleges and universities and to improve the quality and effectiveness of teaching, we need to continuously explore new teaching modes and methods.

Family education is a traditional education method with high practicality and feasibility (Li, 2022). Through family education, students' qualities of character, etiquette, family style and family rules can be cultivated, laying a solid foundation for their future study and life. In the teaching of ideological and political theory courses in colleges and universities, integrating the content and ideas of family education can not only enrich the course content, but also enhance students' participation and learning interest, thus improving the quality and effectiveness of teaching.

Therefore, this study aims to investigate how to integrate family education into the teaching of ideological and political theory courses in colleges and universities, with a view to improving the practicality and feasibility of the courses and cultivating students' ideological and political quality and family education literacy. This study adopts various research methods such as literature research method, empirical research method and case study method to explore the methods and effects of integrating family education into the teaching of ideological and political theory courses in colleges and universities through practical cases and effect evaluation, so as to provide some reference and reference for the teaching of ideological and political theory courses in colleges and universities.

The significance and value of this study lies in the organic combination of family education and the teaching of ideological and political theory courses in colleges and universities, which not only enriches the course content but also improves students' participation and learning interest, and provides new ideas and directions for the development of higher education and students' overall development. In the future research and practice, we will further deepen our understanding and exploration of family education and teaching of ideological and political theory courses in colleges and universities, and make greater contribution to the development of education reform and family education.

Literature Review

Teaching methods and teaching contents of ideological and political theory courses in colleges and universities

Ideological and political theory courses in colleges and universities are an important part of the ideological and political education of college students in the new era, and their main task is to cultivate students' ideological and political quality, moral cultivation and social responsibility (Ye, 2021; Zhang et al., 2023). The teaching methods and the choice of teaching contents of ideological and political theory courses in colleges and universities play a crucial role in the cultivation of students' ideological and political quality and moral cultivation.

In terms of teaching methods, the traditional teaching method is mainly teacher-led, using classroom lectures and knowledge-based explanations. However, this teaching method may lead to students' lack of active learning enthusiasm and interest in learning. Therefore, modern teaching of ideological and political theory courses in colleges and universities is more inclined to adopt diversified teaching methods such as interactive, case study, discussion and research, which can stimulate students' interest and participation through diversified teaching methods and cultivate students' innovative consciousness and thinking ability.

In terms of teaching content, the content of ideological and political theory courses in colleges and universities should be close to the actual life of students and focus on guiding students to conduct practical inquiry and practical application. The course content mainly includes the basic principles of Marxism, theoretical system of socialism with Chinese

characteristics, ideological and moral cultivation and laws and regulations, etc., focusing on improving students' theoretical literacy and practical ability.

The concept and importance of family education

Family education refers to the teaching and guidance of family members in the life of their children (Mao & Wang, 2023). Family education is an important part of social education and has an irreplaceable role. The purpose of family education is to foster the healthy growth and all-round development of children, and to cultivate their ideological and moral qualities and sense of social responsibility.

The importance of family education is reflected in several aspects. First, the family is the earliest place of socialization for children, and the quality of family education is directly related to the growth and development of children (Wang, 2023). Secondly, family education can provide children with a full range of educational resources and learning environment to help them form a correct outlook on life, values and worldview (Dou & Qiao, 2023). Finally, family education can promote the close connection between family and society, strengthen the interaction and cooperation between family and society, and achieve the comprehensive development of society (Zhao, 2023).

The connection between ideological and political theory courses in colleges and universities and family education

There is a close connection between ideological and political theory courses in colleges and universities and family education. First of all, college ideological and political theory course is an important part of school ideological and political education, while family education is the earliest education part of children, both of them are to cultivate students' ideological and political quality and moral cultivation, and have similar educational goals.

Secondly, both ideological and political theory courses in colleges and universities and family education emphasize practical teaching and practical application and improve students' practical ability and innovation ability through practical activities. In the teaching of ideological and political theory courses in colleges and universities, students can learn about the current situation of social development and ideological and cultural changes through practical inquiry and social research to promote their social participation and sense of responsibility. In family education, children's practical skills and hands-on abilities can be cultivated through homework and practical activities, so that children can learn to care for their families and society.

Finally, both ideological and political theory courses in colleges and universities and family education have an important sense of social responsibility and need joint attention and cooperation. Ideological and political theory courses in colleges and universities need to better understand students' family education, strengthen communication and cooperation with parents, and jointly provide support and guarantee for students' overall development. At the same time, family education also needs to better understand the ideological and political education of schools, actively participate in the ideological and political education activities of schools, and jointly promote the healthy growth and comprehensive development of students.

To sum up, there is a close connection and interaction between ideological and political theory courses in colleges and universities and family education. In the teaching of ideological and political theory courses in colleges and universities, we should focus on guiding students to pay attention to the importance and practical application of family education, promote the

organic combination of family education and ideological and political theory courses in colleges and universities, and jointly provide support and guarantee for students' all-round development.

The significance and methods of integrating family education into ideological and political theory courses in colleges and universities

Significance of integrating family education into ideological and political theory courses in colleges and universities

With the development of the times and social progress, the ideological and political theory course education in colleges and universities is gradually considered as an important part of college education. And family education, as an important part of individual growth, has profound influence on students' outlook on life, values and way of thinking. Combining family education with ideological and political theory courses in colleges and universities can not only make students understand society more comprehensively, but also make up for the lack of family education in ideological and political theory courses in colleges and universities. Specifically, the significance of integrating family education into the teaching of ideological and political theory courses in colleges and universities includes.

(1) Broadening knowledge. Combining family education with ideological and political theory courses in colleges and universities can provide students with a broader and deeper knowledge system and help them form a more comprehensive knowledge structure, so that they can better cope with their future work and life.

(2) Deepen the teaching effect. Integrating family education into the teaching of ideological and political theory courses in colleges and universities can help deepen the teaching effect. Family education can be combined with the content of socialist core values, laws and regulations and other courses to help students better understand and master these knowledge through concrete cases, thus improving the teaching effect.

(3) Promote home-school cooperation. The integration of family education into the teaching of ideological and political theory courses in colleges and universities can promote home-school cooperation and enhance parents' attention to their children's education, as well as let parents better understand their children's learning in colleges and universities and help them pay better attention to their children's growth.

Methods of integrating family education into ideological and political theory courses in colleges and universities

There are various methods to integrate family education into ideological and political theory courses in colleges and universities, and several common methods are introduced below.

(1) Case teaching method. By selecting some typical cases and combining family education and the relevant knowledge points of the ideological and political theory course in colleges and universities, students can discuss, analyze and summarize, so as to achieve in-depth understanding and mastery of relevant knowledge.

(2) Practical teaching method. Combining family education with ideological and political theory courses in colleges and universities, students can deepen their understanding and mastery of relevant knowledge through practical activities, such as visiting courts and practical research on family education.

(3) Lecture teaching method. Ask experts or scholars in related fields to teach students relevant knowledge of family education and ideological and political theory courses in

colleges and universities, so that students can deepen their understanding and master relevant knowledge by listening to lectures.

The method of combining family education case study with teaching of ideological and political theory courses in colleges and universities

Family education case study is an effective teaching method that can closely combine family education and ideological and political theory courses in colleges and universities with high practicability and operability. The following methods of combining family education case analysis with teaching of ideological and political theory courses in colleges and universities are introduced.

(1) Combination of case study and classroom discussion. In the teaching process, teachers can select some representative family education cases and lead students to carry out the following factors to be considered before determining specific cases.

Students' characteristics: students of different grades and majors may be affected by family education differently, and need to select cases in a targeted manner.

The theme of family education: the theme of family education can include living habits, interpersonal relationships, character cultivation and other aspects, and it is necessary to choose a theme that is consistent with the teaching content of ideological and political theory courses in colleges and universities.

Representativeness of the cases: The cases need to be selected with certain representativeness, which can represent a kind of problem or embody a phenomenon.

According to the above factors, some representative cases can be selected, for example Zhang was treated unfairly by her parents in her family, which led her to show more intense dissatisfaction in the campus as well. Through teacher guidance, Zhang thought deeply about her emotional expressions and communicated effectively with her parents, eventually resolving the family conflict.

Li has been spoiled and overprotected by his parents in his family for a long time, which led to his lack of self-control and independent thinking ability. Through the guidance of college ideology and political theory classes, Li began to reflect on himself and gradually learned to self-manage, and then showed better autonomy in his study and life.

These cases can be introduced into the classroom through teachers' explanation, group discussion and students' sharing, and combined with the teaching content of the college ideological and political theory class, so that students can better understand and apply the course knowledge.

Practice of integrating family education into ideological and political theory courses in colleges and universities

The ideological and political theory course in colleges and universities is one of the important courses in higher education, and its teaching content covers important theories such as Marxism-Leninism, Mao Zedong Thought, Deng Xiaoping Theory, Three Represents Important Thought and Scientific Outlook on Development. Family education is one of the important influencing factors for students' life growth. Integrating family education into the teaching of ideological and political theory courses in colleges and universities helps students better understand the connotation and practical application of theoretical knowledge as well as get better guidance and education in family education.

Practical cases of integrating family education into ideological and political theory courses in colleges and universities

Case 1: Teaching of "family concept education" in the ideology and political science class of a university in Zhejiang

This case is about family concept education in the daily life of college students, with the theme of "affection and social responsibility", and through theories and case analysis of family education, students are guided to think deeply about the meaning and influence of family concept education on individuals and society. At the same time, the case also strengthened students' knowledge and understanding of family education and enhanced their comprehensive literacy and practical ability through various teaching forms, such as family culture demonstration and family concept analysis.

Case 2: Teaching of "family education and moral education" in the Civics class of a university in Guangxi

This case is based on the problems of moral education in family education in the current society, and takes "family education and moral education" as the theme, and guides students to understand and master the interconnection and role of moral education and family education through relevant theoretical exposition and case analysis. At the same time, the case also deepens students' understanding and knowledge of moral education and family education, and improves their moral literacy and practical ability through various teaching forms, such as family education practice activities and moral education-related literature reading.

Analysis and evaluation of practice cases

The above two cases integrate family education into the teaching of ideological and political theory courses in colleges and universities through various teaching methods such as theoretical elaboration and case analysis.

Analysis and evaluation of practical cases

In this study, the families of 20 students were selected to conduct research on family education in the ideological and political theory course of a university, and the content of family education was integrated into the teaching process in the course. Various approaches were used in the teaching process, including explanation of cases, discussions, and role plays, to promote students' thinking and discussion of the connection between family education and ideological and political theory courses, to improve students' knowledge and understanding of family education, and to cultivate their sense of family and social responsibility.

In the practical cases, students developed a deeper understanding of the connection between family education and ideological and political theory classes, were able to apply what they learned to real life, and understood more about the importance and impact of family education. In the students' research, it was found that some families have inappropriate ways and methods for their children's education, such as paying too much attention to their children's grades, neglecting their interests and strengths, and being too strict in their education. In the course, teachers help students recognize the existence of these problems through case studies and discussions, and guide them to think about how to improve family education methods and enhance the effectiveness of education.

Through the evaluation of the practical cases, it is found that the integration of family education into the teaching of ideological and political theory courses in colleges and universities has the following advantages.

(1) Promoting students' thinking and exploration: integrating family education with ideological and political theory courses can help students think and explore more deeply the relationship between family education and social and national responsibilities, and cultivate their sense of family responsibility and social responsibility.

(2) Improve students' interest in learning: Through case studies and role plays, it makes students more active and positive in the course teaching, and enhances their interest in learning.

(3) Improving students' practical ability: In the course teaching, students need to understand the specific situation and practical problems of family education through research and practice, thus improving their practical ability and problem-solving ability.

(4) Deepen students' knowledge and understanding of family education: By integrating family education and ideology and politics in practical cases, family education is integrated into the teaching of ideological and political theory courses in colleges and universities. Through the introduction of the importance and role of family education and the influence of family education on the growth of youth, students are guided to understand the importance of family education and learn how to do well in family education.

At the same time, teachers guide students to learn how to carry out family education effectively through examples. By guiding students to establish a correct outlook on life and values, students are made to understand the current situation of society and their own mission and responsibility, so as to cultivate their sense of social responsibility and family love.

In the teaching practice of integrating family education into ideological and political theory courses in colleges and universities, teachers and parents work closely together to strengthen interaction and jointly promote the overall development of students. Through the integration of family education, not only can the ideological and moral quality of students be improved, but also can enhance students' knowledge and understanding of family education, which is conducive to their better integration into society.

In practice, through the integration of family education, students' ideological and political quality has been improved, students' awareness of family education has been strengthened, and parents' and teachers' educational philosophy has been sublimated. At the same time, the relationship between students and parents has been further strengthened, laying a solid foundation for students' healthy growth.

In conclusion, the practice of integrating family education into ideological and political theory courses in colleges and universities is an effective teaching method. It can not only improve students' ideological and political quality, but also enhance students' knowledge and understanding of family education, as well as strengthen the cooperation between parents and teachers, which helps students better integrate into society.

Evaluation of the effect of integrating family education into the teaching of ideological and political theory courses in colleges and universities

In the teaching practice, the evaluation of the effect of integrating family education into the teaching of ideological and political theory courses in colleges and universities can make an objective analysis and summary of the teaching results. Effectiveness evaluation includes the following three aspects.

Purpose and Significance of Effect Evaluation

The purpose of evaluation is to better understand the teaching effect, further adjust and improve the teaching design and teaching methods, and improve the quality of teaching. At the same time, evaluation can also provide students with effective feedback and suggestions, so that they can be clearer about their learning goals and directions and carry out targeted learning and practice.

Methods and Indicators of Effect Evaluation

Methods: Effectiveness evaluation can be conducted by various methods such as questionnaire survey, group discussion, case study, and teacher evaluation. Among them, questionnaire survey can be conducted by designing scales and questionnaires to find out from students and parents their perceptions on the cognition, attitude and effect of integrating family education into college ideological and political theory courses. Group discussions can be organized by teachers to understand students' understanding and application of course contents and case studies. Case studies can be used to understand students' problem-solving abilities and thinking styles through teachers' guidance of students' analysis of real-life cases. Teacher evaluation can be used to understand students' learning status and effectiveness through teacher's evaluation of students' homework, discussion and performance.

Indicators: The indicators of effectiveness evaluation include students' attitudes and perceptions towards course content and family education integration, academic performance, ability to think and solve practical problems, self-management and independent thinking ability, etc. Among them, students' attitudes and perceptions about the integration of family education into college ideological and political theory courses can be understood through questionnaires and discussions, etc.; learning achievements can be evaluated through examination results and usual performance, etc.; the ability to think and solve practical problems can be evaluated through case studies and discussions, etc.; self-management and independent thinking ability can be evaluated through teachers' evaluation, etc.

Conclusion and Recommendation

This section includes conclusion and recommendation of this study.

Conclusion

As a result of this study, several major findings have been identified regarding the integration of family education into the teaching of ideological and political theory courses in university.

Firstly, family education can play an important role in promoting the cultivation of students' ideological and political values, and enhancing their overall education quality. Through the integration of family education into the teaching of ideological and political theory courses, students can gain a better understanding of the connection between family education and national education, and can learn to apply these values in their daily lives.

Secondly, the integration of family education into the teaching of ideological and political theory courses requires careful planning and effective implementation. Appropriate teaching methods and strategies should be selected to ensure that family education can be effectively integrated into the course content, and teachers should be properly trained to incorporate this approach into their teaching.

Finally, the evaluation of the effectiveness of this teaching approach is crucial. Evaluation methods and criteria should be developed to assess the effectiveness of integrating family education into the teaching of ideological and political theory courses in university, and the results of the evaluation should be used to improve this approach.

Recommendation

Based on the major findings of this study, the following recommendations are suggested to improve the integration of family education into the teaching of ideological and political theory courses in universities:

Develop a curriculum that emphasizes family education: Universities should develop a curriculum that emphasizes the importance of family education and includes topics related to family values, parent-child relationships, and parenting skills. By doing so, students can gain a better understanding of the significance of family education and develop a positive attitude towards it.

Provide training to teachers: Universities should provide training to teachers to help them understand the importance of family education and how it can be integrated into their teaching of ideological and political theory courses. This training can include workshops, seminars, and online courses that provide teachers with the knowledge and skills needed to effectively integrate family education into their teaching.

Promote family involvement: Universities can encourage family involvement in the education of their children by organizing family education events, workshops, and seminars. These events can provide parents with the opportunity to learn about the importance of family education and how they can support their children's learning.

Establish partnerships with community organizations: Universities can establish partnerships with community organizations, such as non-profit organizations and government agencies, to provide support and resources for family education. By collaborating with these organizations, universities can leverage their expertise and resources to create a more comprehensive approach to family education.

Implementing these recommendations can have significant benefits, such as promoting positive parent-child relationships, improving students' attitudes towards family education, and enhancing the effectiveness of ideological and political theory courses in universities.

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