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The Mediating Effect of Money Attitude on Association Between Financial Literacy, Financial Behaviour, and Financial Vulnerability

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Abstract

The financial vulnerability is associated negatively with all aspects of the life of each and every individuals and households of lower, middle and high income groups. Hence, the major objective of the study is to construct a financial vulnerability model for Malaysian households. The data collection was performed of a total of 574 respondents who were chosen following the multi-stage random sampling method. The Structural Equation Modelling (SEM) were utilized to perform the mediating test of money attitude on the association between personal finance and financial vulnerability, and the results revealed that the money attitude as a partial mediator. Moreover, the identified influential Malaysian households' personal financial factors will assist the related agencies to implement intervention programme that is leading to uplift the quality, and well-being of the life of the Malaysians as intended by the strategies outlined in the Eleventh Plan of the Malaysia.

Keywords: Personal Finance, Financial Literacy, Financial Behaviour, Money Attitude, Financial Vulnerability

Introduction

The impact of inflation was increasing the burden of Malaysian households as the price of consumer goods and services were increased. The impact of rising inflation and reducing subsidy were directly affecting the cost of living among households while the income was remaining the same. Therefore, households have to spend more than usual in order to maintain their previous situation. Empirical evidence was shown that the impact of high cost of living has badly affected on the household welfare (Granado et. al., 2012), and it has disproportionate impact on family well-being (Zainal et. al, 2012).

Vol. 10, No. 15, Youth and Community Wellbeing: Issues, Challenges and Opportunities for Empowerment V1. 2020, E-ISSN: 2222-6990 © 2020 HRMARS

Combination of a rising cost of living and poor financial behaviours lead households to become financially vulnerable.

Financial vulnerability is not just only connected with the households' financial well-being (FWB), but also has an effect on the individual efficiency at the workplace. Moreover, financial vulnerability also affects the household health, for example, loss of control, emotional distress, and anxiety (Choi, 2009), psychological distress (Gorgievski et. al., 2010), increase depressive symptoms (Aranda & Lincoln, 2011), and similarly leads to family and relationship issues such as, domestic violence, separation, and divorce (Brown et. al., 2010).

The financial vulnerability of an individual or household can be caused due to numerous causes. Unplanned financial behaviours are regularly escorted by household financial issues, and the identified major reason for the household financial issues is poor financial illiteracy of the households (Lusardi & Tufano, 2015). In addition to that, the integration of some financial issues, for example, low income, high debt, and lower degree of financial literacy might unfavorably influence the households' financial vulnerability. Review evidences were also proved that the psychological factors are also effect on household financial vulnerability (Chou & Chi, 2001; Folkman et. al., 1986). Financial vulnerability implies how challenging families are just meeting their current financial obligations, with corresponding complications, and getting ready for the future. Therefore, facing to the financial vulnerability is essential to the households, because it offers opportunities to take life-changing decisions.

Hence, there is a need to understand, and identify those who are vulnerable, and the factors affecting financial vulnerability among Malaysian households. The current study determined the influence of personal finance (financial behaviour, financial literacy), and money attitude in contributing to the financial vulnerability of the Malaysian households. Hence, the major objective of the study was to reveal the relationships between financial behaviour, financial literacy, and money attitude with financial vulnerability among Malaysians who are working in the public sector. Specifically, the study has two objectives; 1) to find the relationship between financial behaviour, financial literacy, and financial vulnerability, and 2) to recognize the mediating role of the money attitude on the association between financial behaviour, financial literacy, and financial vulnerability.

Literature Review

Local studies have shown that most of the civil servants were associated with financial difficulties due to poor financial literacy, and financial management (Sabri & Zakaria, 2015). Mishandling of the financial resources are ended up with the increasing cases of bankruptcy among public employees in Malaysia, and it is not only affected negatively on a single employee, but also affects their families, and the society. The gravity of this problem in some cases affecting their daily jobs such as, low productivity, lack of discipline, and bribery. There is a growing concern about the debt issues that are affected on Malaysian public employees. As stated by the Malaysian Department of Insolvency (MDI) report in 2011, number of public employees stated as bankrupts in 2009 was 1,086 due to the heavy debts. But, Mokhtar et. al. (2015) observed that the statistics have been raised up to 3,000 employees

Vol. 10, No. 15, Youth and Community Wellbeing: Issues, Challenges and Opportunities for Empowerment V1. 2020, E-ISSN: 2222-6990 © 2020 HRMARS

in 2011. Therefore, studying of those financial difficulties which are associated with the Malaysian households is a current requirement.

An important role is performed by the Family Resource Management in assisting to overcome, and change the expanding complications faced by the households. It is the way of utilizing the assets to achieve its objectives via taking and planning the stages that are vital to achieve those goals. A critical phase of the proper managing procedure is the assigning of the assets to achieve the target goals (Deacon & Firebaugh, 1988). Therefore, the research framework of the study is based on the Family Resource Management Model (FRMM) which was introduced by Deacon and Firebaugh in1988. The current situation of the personal finance are the external inputs, which influence the internal inputs. The internal inputs of the current study are the respondent's financial behaviour, and financial literacy. The inputs go through the throughput, and the result is the observable output. The money attitude is the throughput in this study, and the observable output is the financial vulnerability (Figure 1).

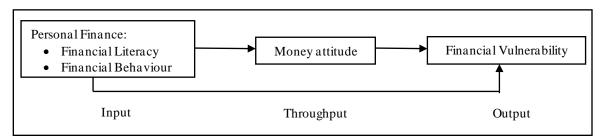


Figure 1 Conceptual framework

Financial Vulnerability

Vulnerability alludes to exposure to stresses and contingencies, and unable to cope with them (Chambers, 1989). "Financial vulnerability is indicated by an inability to maintain expenses, an inability to confront unexpected expenses, and an indebtedness or a declining real household net wealth to disposable income ratio" (De Clercq, et. al., 2015, p.115). When observing the existing trends, it is clear that the loans are taken by the individuals to overwhelmed the economic and financial complications as a response to the prevailing conditions (Anderloni et. al 2012). As a result of this loans, rather than controlling their utilization patterns, their savings are lost, and direct them to the financial vulnerability (Vandone, 2009). Yet, a concurred index for the financial vulnerability is not developed for the empirical analysis, and therefore, limited studies on the causes of the household financial vulnerability were done (Abid & Shafiai, 2018).

Unsteady and insufficient income was the widely recognized trigger of the household financial vulnerability across different life transitions, and the resulted substitution is non-performing loans (Abdul Ghani, 2010). Moreover, individual characteristics such as, thrift and attitude towards credit influence, and unplanned financial decisions are also important to the financial vulnerability (Arashiro, 2011). Therefore, the suggested hypothesis is;

H_a1: A significant association is existed between money attitude and financial vulnerability.

Vol. 10, No. 15, Youth and Community Wellbeing: Issues, Challenges and Opportunities for Empowerment V1. 2020, E-ISSN: 2222-6990 © 2020 HRMARS

Financial literacy

An individual's ability and confidence to utilize the financial knowledge (Huston, 2010), and to take wise individual financial decisions (Lusardi & Mitchell, 2014) are defined as the financial literacy. "Financial literacy is crucial for an individual with a combination of awareness, knowledge, skill, attitude, and behaviour, and it is also help an individual to make sound financial decisions, and ultimately individual financial well-being can be achieved" (OECD, 2013, p. 7). Low financial literacy caused financial problems (Idris et. al., 2013), and thus affect the individual decisions in managing income and influence a level of financial security (Lusardi & Mitchell, 2007) especially in preparedness for retirements, level of saving, and ability to meet an emergency.

Being financially educated might be advantageous for an individual due to the gaining of a bunch of capacities and perspectives, for example, understanding of the concepts of money management, familiarization of financial bodies, and attitudes, which empower the managing capability of the financial affairs (Albeerdy & Gharleghi, 2015). Money cause a significant issue on individuals, as a functional product, and as well as an emotional symbolization of worth or sense of representation (Engelberg & Sjoberg, 2006). Moreover, financially literate individuals' FWB is higher, and further, a significant positive relationship was found between money attitude and FWB (Sabri et. al., 2020). Therefore, the suggested hypothesis is;

H_a2: A significant association is existed between financial literacy and money attitude

In addition, an individual that has a basic financial knowledge are able to keeping track of spending, budgeting and saving, and are bound to plan their retirement life properly (Lusardi & Mitchell, 2011). Moreover, financial literacy has a noteworthy association with day-to-day individual financial practices (Boon et al., 2011). Lack of financial literacy influence on how individual manage income and determine the way of the individual perform financial practices in life. However, with better financial literacy helps individuals in making a sound financial decisions, and have a better plan on the retirement needs (Boon et al., 2011). Therefore, the financial vulnerability has an association with various factors, and influence by numerous variables such as, financial literacy. Moreover, the socioeconomic variables such as, education, age, race, gender, earning, and savings were also suggested to be an effect on financial vulnerability (Murphy, 2013). Hence, the developed hypothesis is;

H_a3: A significant association is existed between financial literacy and financial vulnerability.

Financial Behaviour

A good financial behaviour reflects some of the good financial activities, for example, making a budget, paying bills on time, making a plan for spending, cash flow management, managing credit, and plan for the retirement (Kapoor et. al., 2004). Further, good financial management practices like savings and investment behaviours are important for the Malaysian working women to manage their surplus money wisely in order to achieve higher FWB levels (Sabri et. al., 2020). Moreover, financial behaviour was found to have a noteworthy association with the level of financial knowledge (Ahmad et. al., 2016; Hilgert et. al, 2003; Zakaria et. al., 2012). Literature also found that financial behaviour

Vol. 10, No. 15, Youth and Community Wellbeing: Issues, Challenges and Opportunities for Empowerment V1. 2020, E-ISSN: 2222-6990 © 2020 HRMARS

has a positive association with FWB (Zaimah et. al, 2013), financial satisfaction (Dowling et. al., 2009), and financial vulnerability (Miron-shatz, 2009). In contrast, the study by Fei et. al. (2020) revealed that financial behaviour is one of the noteworthy factors of the financial vulnerability of the young employees in Malaysia, and have a negative relationship with their financial vulnerability. In a study by Hayes and Finney (2013) have measured on how financial behaviour effect on the household financial vulnerability in measuring individual general financial position such as, an experience of financial difficulties, and projection of future financial position. Therefore, the proposed hypothesis is;

H_a4: A significant association is existed between financial behaviour and financial vulnerability.

Moreover, money is identified as an important motivator of financial behaviour, as well as a feature that shapes the job stress, and satisfaction (Albeerdy & Gharleghi, 2015). Numerous financial studies have been concentrated to understand the financial influencers for example, financial literacy and money attitude due to the significance of understanding individuals' financial behaviour, and planning successful financial education systems to educate the employees of their institutions to limit unethical or illegal marketing exercises (Shih & Ke, 2014). Accordingly, the suggested hypothesis is;

H_a5: A significant association is existed between financial behaviour and money attitude

Money Attitude

"Attitudes mean a tendency to behave toward the object so as to keep or get rid of it; in addition, attitudes are also a set of beliefs that the object is either good or bad" (Culbertson, 1968). The money attitudes might alter the manner of how something appear based on an individual's personal, cultural, and moral values towards the financial choices and items. An association between orientation toward money, and life satisfaction was revealed by Nickerson et. al. (2007). Further, they showed that the individuals who are obsessed with money or with high materialism have a possibility to be highly pleased with their financial state due to their capability to manage the material requirement cost. Yet, fundamentally fewer consideration is given to the symbolic and psychological features of money, when foreseeing the financial vulnerability. The comprehension of attitude towards the money, and the connection of those money attitudes towards the financial vulnerability might assist to perceive how the money variables incorporate with individuals' personality, social relationships, and economic activities, and their link with the FWB. The Theory of Planned Behaviour (TPB) suggests that the behavioural intention is influenced by attitudes, and the normative beliefs towards that behaviour (Montano & Kasprzyk, 2015), and attitudes have been distinguished as a significant intervening element in financial literacy. Accordingly, the suggested hypothesis is;

H_a6: Money attitude mediates the association between financial literacy and financial vulnerability

Both the financial behaviour, and money attitude are a typical explanation of worry among academicians, strategy makers, financial experts, anthropologists, psychologists, and sociologists for over last several decades (Qamar et. al., 2016). Several studies have identified the demographic variables, various characteristics of money that are linked with money attitudes, and the frameworks

Vol. 10, No. 15, Youth and Community Wellbeing: Issues, Challenges and Opportunities for Empowerment V1. 2020, E-ISSN: 2222-6990 © 2020 HRMARS

based on psychometric theories to describe the financial behaviour (Masuo et. al., 2004). Further, financial issue related studies revealed that money attitude plays a vital role in influencing household's financial management, and the FWB (Shim et. al., 2009). Further evidence has suggested that money attitudes lead the improvement of the money behaviour (Roberts & Jones, 2001), as such, money attitudes are important to forecast the financial practices (Dowling et. al., 2009). The development of the financial practices is important to increase the level of FWB, as well as to reduce the individuals' financial vulnerability (Sabri et al., 2020). Therefore, the proposed hypothesis is,

H_a7: Money attitude mediates the association between financial behaviour and financial vulnerability

Research Methodology

Sampling

A cross-sectional survey method was used to examine the financial vulnerability, personal finance (financial literacy and financial behaviour), and psychological factor (money attitude) of the Malaysian households who are working in the public sector. In the first stage of the study, a total of 400 respondents from five (5) zones in Malaysia (i.e. Central, Southern, Northern, Eastern, and East Malaysia) were selected using a multi-stage random sampling method. There are 1.4 million public sector employees under the Public Services Department in Malaysia, and to represent that population, the minimum sample size required is 384 (Israel, 2009). Therefore, 80 respondents were targeted from each zone in each state. At the second stage, government departments which are located in urban areas have been selected from the government websites, and later 20 respondents from each department were selected for the study from the four identified departments randomly.

A series of pre-tests were completed to guarantee the validity, and reliability of the questionnaire. Measurements have been validated for content and construct validities, apart from the reliability test. Content validity is assessed through reviews of items from past studies. The departments selected were contacted, and the discussions were held between the researcher and the selected departments regarding data collection. Then, the trained enumerators were sent to the respective departments that agreed to take part in the research, and the responses to the questionnaire were gathered.

Of those participants, 57.5% of them were female, and 42.5% were male. The most of the participated workers were Malay ethnic (91.6%), and followed by Chinese (2.8%), Indian (2.1%), and others (2.4%). The terms of age, this survey consisted of 1% below 20 years old, 20 to 29 years old (23.5%), 30 to 39 years old (53.3%), 40 to 49 years old (15.2%), and 50 years old and above (7.0%). When considering the monthly income, less than Ringgit Malaysia (RM)3,000 (42.6%) was accounted for the largest percentage of the sample followed by RM3,000 - RM4,999 (36.0%), RM5,000 - RM6,999 (17.7%), RM7,000 - RM8,999 (3.0%), and more than RM9,000 (0.7%).

Instrumentation

A self-administered questionnaire which was based on the items presented in previously published studies was utilized to obtain information on socioeconomic characteristics, personal finance (financial literacy and financial behaviour), psychological factors (money attitude) and financial

Vol. 10, No. 15, Youth and Community Wellbeing: Issues, Challenges and Opportunities for Empowerment V1. 2020, E-ISSN: 2222-6990 © 2020 HRMARS

vulnerability. Likert- scale measurement was used for the closed-ended items, apart from having open-ended questions (in-depth interview).

Financial Vulnerability

The dependent variable; financial vulnerability was assessed by means of a ten-point scale with 1 = very stable/secure finance to 10 = unstable/unsecured finance which was adopted from Anderloni et al. (2012).

Overall, five items were engaged in financial vulnerability, and they were; "money can be accessed for use when faced with hardships (h8), ability to meet daily needs (h13), ability to meet emergency (h15), have enough money for monthly expenses before receiving the next pay check (h16), and payment/repayment capabilities such as designated (h17)". CFA model values of them were; df = 5, Chi-square / df = 3.015, Chi-square = 15.074, RMSEA = 0.059, p = 0.01, GFI = 0.990, NFI = 0.993, CFI = 0.995, and TLI = 0.990.

Financial Behaviour

The financial behaviour measurements were adopted from the previous instrument by Hilgert et al. (2003), and consisted of four statements based on the five-point Likert scale from 1 (never) to 5 (always). "Use a certified financial planner or adviser to plan for retirement (d13), I periodically check my will (d18), I register with a trustee body for estate business (eg: Malaysia's premier trustee company (ARB) (d20), and I reduce the cost of insurance or takaful (d22)" were the four selected items for the financial behaviour construct, and the values of the CFA model were; df = 2, Chi-square / df = 3.587, Chi-square = 7.174, RMSEA = 0.067, p = 0.028, GFI = 0.994, NFI = 0.991, CFI = 0.993, and TLI = 0.980.

Financial Literacy

The financial literacy construct was estimated by an instrument of Sabri et. al. (2010), which was established for the Malaysian context with true or false answers. There were four main statements of financial literacy in the construct; "the longer the repayment period the lower the cost of the overall loan (c1), all types of investments are profitable and low risk (c3), all investments in Malaysia are legal (c4), and Private Retirement Scheme is only for government employees (c6)". The related CFA model values were; df = 5, Chi-square / df = 1.178, Chi-square = 5.890, RMSEA = 0.0.18, p = 0.000, GFI = 0.996, NFI = 0.970, CFI = 0.995, and TLI = 0.990.

Money Attitude

Measurement statements of money attitude were adopted from Furnham (1984), which was followed a four point Likert scale from 1 (strongly disagree) to 4 (strongly agree). The statements for money attitude construct were; "I feel that money is the only thing I can really count on (e2), I put money ahead of pleasure (e9), I firmly believe that money can solve all of my problems (e10), and I will often buy something that is not necessary simply to attract people's attention (e11)". The CFA values for the modified model were; df = 5, Chi-square / df = 3.057, Chi-square = 6.114, RMSEA = 0.060, p = 0.047, GFI = 0.995, NFI = 0.986, CFI = 0.990, and TLI = 0.971.

Vol. 10, No. 15, Youth and Community Wellbeing: Issues, Challenges and Opportunities for Empowerment V1. 2020, E-ISSN: 2222-6990 © 2020 HRMARS

Measurement Model

The proposed research model was empirically evaluated using the maximum likelihood estimation method, and two-step structural equation modeling was followed using the AMOS software. The measurement model was assessed in the first step, and the results are given in Figure 2. The composite reliability (CR), and average variance extracted (AVE) for the constructs are shown in the Table 1.

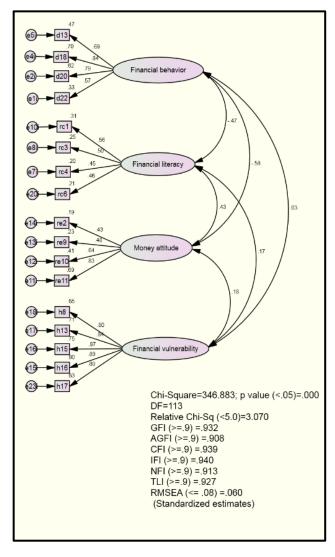


Figure 2: Measurement model

Vol. 10, No. 15, Youth and Community Wellbeing: Issues, Challenges and Opportunities for Empowerment V1. 2020, E-ISSN: 2222-6990 © 2020 HRMARS

Table 1: The construct validity results

Construct	AVE	CR
Financial vulnerability	0.840	0.923
Financial behaviour	0.723	0.817
Financial literacy	0.500	0.600
Money attitude	0.595	0.695

According to Hair et. al. (2010), the AVE for the variables was calculated to assess the discriminant validity of the studying variables, and the accepted validity will be achieved, when the AVE value is more than 0.5 (Awang et. al., 2015). All the AVE values given in Table 1 were ranged from 0.500 to 0.840, and the validity of the constructs was accomplished (Hair et al., 2010). Moreover, the composite reliability (CR) should be 0.6 or above to achieve the expected reliability (Awang et al., 2015), and according to the results, it was also fulfilled.

Results and Discussion

Direct Effects Analysis

A significant association between independent, and dependent variables can be observed, when the t value is \geq 1.96, and the p value is < 0.05 at the 95% confidence level (Byrne, 2001).

Table 2 Regression results of the modified model

Estimated Path				S.E	t	р
Financial vulnerability	+	Money attitude	0.990	0.296	3.342	***
Money attitude	•	Financial literacy	0.536	0.193	2.779	0.005
Financial vulnerability	←	Financial literacy	1.918	0.814	2.355	0.019
Financial vulnerability	←	- Financial behaviour	0.810	0.216	3.746	***
Money attitude	•	Financial behaviour	-0.374	0.060	-6.252	***

Note: S.E = Standard Error; ***p significant at < 0.001

When considering the relationship between money attitude, and financial vulnerability, the t value is 3.342, and p value is 0.001. It indicates a significant association between the variables, and $H_a 1$ was accepted. The value of t = 2.355, and p = 0.019 for the association between financial literacy, and financial vulnerability was significant. Hence, the $H_a 2$ was accepted. Furthermore, according to the results of the Table 2, the association between financial behaviour, and financial vulnerability was signifiant in the probability level of 0.001, and $H_a 3$ was accepted. The association between financial behaviour, and money attitude was studied via the fourth hypothesis, and the fifth hypothesis examines the association between money attitude and financial literacy. In both cases, t and p values were fulfilled the requirements, and therefore, both $H_a 4$ and $H_a 5$ were also accepted.

Mediating Effects Analysis

The mediating test results for the associations between personal finance (financial behaviour, financial literacy), money attitude, and financial vulnerability are given in the Figure 3. Prior to

Vol. 10, No. 15, Youth and Community Wellbeing: Issues, Challenges and Opportunities for Empowerment V1. 2020, E-ISSN: 2222-6990 © 2020 HRMARS

conduct a mediator test, a mediator model should be established to examine the direct effect between financial literacy (LV), financial behaviour (BV), and financial vulnerability (BV). While the indirect effect involves the association between financial literacy (LA), and financial behaviour (FA) through a money attitude towards financial vulnerability (AV).

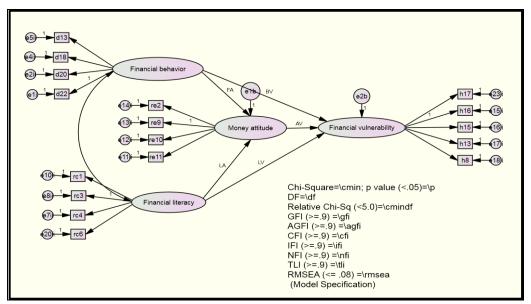


Figure 3 Mediation model

The RMSEA= 0.60, CFI= 0.939, NFI= 0.913, TLI= 0.927, and x^2/df = 3.070 are the fit indices of the structural model (full mediation model), and the GOF indices; TLI and CFI were over the cut-off point of 0.90, and hence, results have been significant. Moreover, the RMSEA value is below 0.8, and chi-square/df value of 3.070 have revealed the satisfactory conditions to fit the model. Further, the NFI estimation was above the minimum value of 0.90, and the NFI and CFI values are from the similar group of incremental fit indices (Byrne, 2010). Therefore, the model fit was proved, and the test of the hypothesis has been conducted with two phases; (1) determination of the direct effect of the independent variables without mediation effect (Figure 4); and (2) determination of the direct structural model with mediation effect (Figure 5).

Vol. 10, No. 15, Youth and Community Wellbeing: Issues, Challenges and Opportunities for Empowerment V1. 2020, E-ISSN: 2222-6990 © 2020 HRMARS

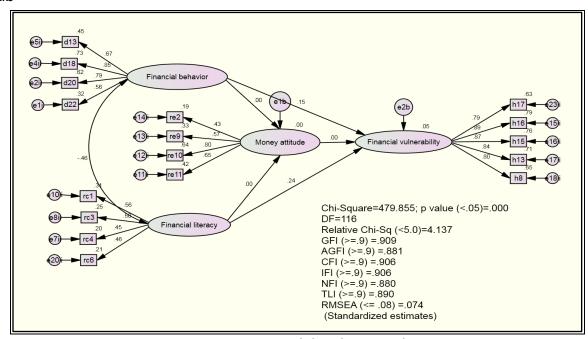


Figure 4 Direct model without mediation

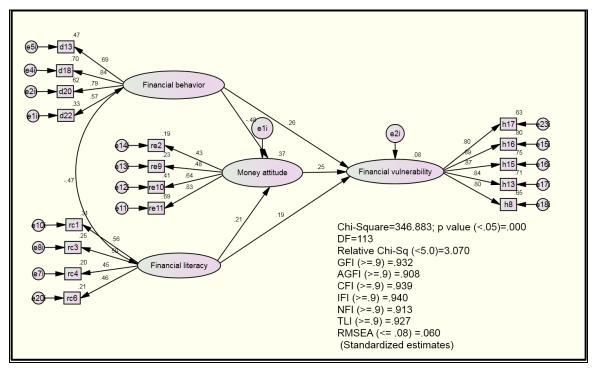


Figure 5 Full mediation model

The mediating test was performed to reveal the effect of money attitude on the link between financial behaviour, and financial literacy with financial vulnerability. A noteworthy direct effect was revealed between financial literacy (beta coefficient (bc) = 0.730, p= 0.001), and financial behaviour (bc = 0.187, p= 0.014) with financial vulnerability(Table 3). Based on the findings of Baron and Kenny

Vol. 10, No. 15, Youth and Community Wellbeing: Issues, Challenges and Opportunities for Empowerment V1. 2020, E-ISSN: 2222-6990 © 2020 HRMARS

(1986), significant associations for the direct model, and full mediation model with reduction of the Beta values exhibit a partial mediation. Based on the results obtained, the causal effect of financial literacy (bc = 0.238, p= 0.001) on financial vulnerability (beta coefficient = 0.186, p= 0.013) was reduced, but still remains significant. The result also revealed the causal effect of financial behaviour (bc = 0.147, p= 0.014) on financial vulnerability (bc = 0.263, p= 0.001) was failed to decrreaced, but still remains significant. According to Awang (2012), if the effect of moderator variable in the model fails to reduce the value of the mediation model, then there is no moderation effect in the relationship.

According to the findings of Baron and Kenny (1986), money attitude was partially mediated the the association between financial literacy, and financial vulnerability. Further, the partial mediation was tested with significance test, and the results were compatible with the criteria which was given by Baron and Kenny (1986). Therefore, the H_a6 was accepted. However, there is no moderation effect of money attitude on the association between financial behaviour, and financial vulnerability. Therefore, the hypothesis H_a7 was rejected.

Table 3 The results of mediation effect of money attitude on the relationship between financial literacy, financial Behaviour, and financial vulnerability

interacy, financial behaviour, and financial vulnerability								
Path		SE	Beta	CR	р			
Direct Model :								
a1) Financial literacy → Financial vulnerability		0.730	0.238	3.192	0.001			
b1) Financial behaviour $ ightarrow$ Financial vulnerability	0.459	0.187	0.147	2.451	0.014			
Mediation Model :								
a1) Financial literacy → Financial vulnerability	1.812	0.728	0.186	2.490	0.013			
a2) Financial literacy → money attitude	0.507	0.179	0.205	2.823	0.005			
a3) Money attitude → Financial vulnerability	0.990	0.282	0.250	3.511	0.001			
b1) Financial behaviour \rightarrow Financial vulnerability		0.216	0.263	3.757	0.001			
b2) Financial behaviour → money attitude		0.060	482	-6.26	0.001			
b3) Money attitude → Financial vulnerability	0.990	0.282	0.250	3.511	0.001			

Note. *p significant at < 0.05

Conclusions

The findings of this research have confirmed that financial behaviour, financial literacy, and money attitude have significant relationships with financial vulnerability among Malaysian households. The financial vulnerability has become increasingly important concern by various parties to overcome the biggest challenges that are facing by the Malaysian individuals, as well as households nowadays, because making financial mistakes in life can be costly with in the demanding financial environment (Lee & Sabri, 2017). Nonetheless, few past studies have drawn attention to financial vulnerability as a vital concept, and as a significant factor in measuring the households' financial environment. Moreover, household level of financial vulnerability is studied in terms of their credit rationing, risk coping ability, and attitudes towards shock in (Al-Mamun & Mazumder, 2015; Emmons & Noeth, 2013).

Vol. 10, No. 15, Youth and Community Wellbeing: Issues, Challenges and Opportunities for Empowerment V1. 2020, E-ISSN: 2222-6990 © 2020 HRMARS

Several past research was confirmed that both financial behaviour and financial literacy have a noteworthy association with money attitude. It is critical to comprehend the individual process involved in developing the capacity to take right financial decisions (Hung et. al., 2009). Integrating the financial knowledge, financial behaviour, and financial attitude together in one model may promote a comprehensive understanding of the subject matter (Serido et. al., 2013). Nonetheless, there are challenges faced in creating a multidisciplinary measure (Yong et. al., 2018), underline the need for various measures that target minimum financial knowledge, behaviour, and attitude to enhance the financial literacy (Potrich et. al., 2016).

Furthermore, studying the mediating effect of the money attitude between financial literacy, and financial vulnerability was revealed that the money attitude act as a partial mediator. However, examination of the mediating effect of the money attitude between financial behaviour, and financial vulnerability was revealed that the money attitude is not a mediator on the given relationship. In conclusion, money attitude affects only on the association between financial literacy, and financial vulnerability. Hence, money attitude is not affected on the association between financial behaviour, and financial vulnerability among Malaysian households who are working in the public sector. Various examinations in the field of economic psychology were analyzed individuals' beliefs or attitudes about the money. This attention is undoubtedly due to the increasing awareness of the scholars on individual dissimilarities in money attitudes, for instance, in planning motivational schemes for the workplace, just as in studying consumption, saving, and debt behaviour (Hayhoe et. al., 2012). Empirical studies supported the concept of financial knowledge through financial education programmes to enhance the money attitude, which has a major effect on financial behaviour (Batty et. al., 2015), and the effectiveness of the programme would be enhanced further if they pay attention on the participants' gender and the ethnicity (Sabri & Wijekoon, 2019).

Implications, limitations and Future Research

Personal finance among household needs to be emphasized in reducing their financial vulnerability. There are different possibilities for an individual being financially vulnerable. Malaysia is more emphasized the social and psychological perspectives by using the variables, for example, social, ability, cognitive, and chronological factors in order to quantify the financial vulnerability of the family units (Lee & Sabri, 2017). The results of the current study might be usful for policymakers, and numerous relevant agencies to comprehend the financial vulnerability among households via their financial behaviour, financial literacy, and money attitude.

The findings have also confirmed that financial behaviour, financial literacy, and money attitude have a noteworthy association with the financial vulnerability. There are two reasons for monitoring the financial health of indebted households. First, families' incapability to pay their debt on time might have negative impact on their bank savings. Second, elevated levels of family indebtedness are sensitive to the economic shocks (Michelangeli & Rampazzi, 2016), and the raising up in families' debt that commonly anticipate the financial catastrophes (Brown et al., 2010). The inability of a household to overcome from unexpected financial shocks could be explained as the financial vulnerability (Abid & Shafiai, 2018). Hence, it is critical to highlight the determinants of the financial vulnerability. In

Vol. 10, No. 15, Youth and Community Wellbeing: Issues, Challenges and Opportunities for Empowerment V1. 2020, E-ISSN: 2222-6990 © 2020 HRMARS

addition, attention on the elements that cause financial vulnerability of the households to financial shocks is crucial in family economic studies.

The findings also indicated that the money attitude was a partial mediator on the link between financial literacy, and financial vulnerability. But, money attitude did not mediate the relationship between the financial behaviour, and financial vulnerability. This finding may encourage relevant authorities in setting up a financial module, and upgrading of the explicit policies to express the concern about the vulnerability of households to economic shocks, for example, unexpected job loss.

Some limitations are associated with the current study; the concepts and measurements of the variables are restricted to money attitude, financial literacy, financial behaviour, and financial vulnerability. Therefore, the outcomes are also stagnated to the selected variables, but future research should concern the other variables that are important to measure the financial vulnerability. Further, the sample of the current study involved only the Malaysian households working in the public sector, but in future studies more representative samples can be used to represent the whole population of Malaysia.

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Vol. 10, No. 15, Youth and Community Wellbeing: Issues, Challenges and Opportunities for Empowerment V1. 2020, E-ISSN: 2222-6990 © 2020

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Vol. 10, No. 15, Youth and Community Wellbeing: Issues, Challenges and Opportunities for Empowerment V1. 2020, E-ISSN: 2222-6990 © 2020 HRMARS

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